

JULY LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1</p> <ul style="list-style-type: none"> • Popcorn Chicken Bites with BBQ Beans & Corn • Sunny Sandwich Kit <ul style="list-style-type: none"> ○ Glazed Carrots 	<p>2</p> <ul style="list-style-type: none"> • Cheesy Pizza Bite Meal (VG) • Bean & Cheese Pupusa (VG) • Seasoned Green Beans 	<p>3</p> <ul style="list-style-type: none"> • Pepper Jack Cheeseburger • Rainbow Veggie Pizza (VG) <ul style="list-style-type: none"> ○ Seasoned Garbanzo Beans ○ Grape Tomatoes 	<p>4</p> <p>INDEPENDENCE DAY</p>	<p>5</p> <ul style="list-style-type: none"> • No School
<p>8</p> <ul style="list-style-type: none"> • The Revolution Hot Dog (DF) • Bean and Cheese Quesadilla (VG) <ul style="list-style-type: none"> ○ Steamed Corn 	<p>9</p> <ul style="list-style-type: none"> • Crispy Chicken Sandwich (DF) • Cheddar Cheese Sandwich (VG) <ul style="list-style-type: none"> ○ Seasoned Green Beans 	<p>10</p> <ul style="list-style-type: none"> • Baked Mac & Cheese and Chicken Bites • Cheesy Pizza Bite Meal (VG) <ul style="list-style-type: none"> ○ Pinto Beans 	<p>11</p> <ul style="list-style-type: none"> • Jerk Drumstick with Pineapple Carrot Rice (DF) • Italian Calzoni (VG) • Chopped Lettuce and Sliced Tomatoes with RANCH 	<p>12</p> <ul style="list-style-type: none"> • Pepperoni Pizza • Southwest Veggie Wrap (VG) • Sweet Potatoes
<p>15</p> <ul style="list-style-type: none"> • Cheese Pizza Panada Pie (VG) • Turkey and Cheddar Sandwich <ul style="list-style-type: none"> ○ Seasoned Green Beans 	<p>16</p> <ul style="list-style-type: none"> • Breakfast for Lunch: Pancakes w/ Maple Turkey Sausage & Omelet • Rainbow Veggie Pizza (VG) <ul style="list-style-type: none"> ○ Island Glazed Carrots 	<p>17</p> <ul style="list-style-type: none"> • The Revolution Hot Dog (DF) • Cheddar Cheese Sandwich (VG) <ul style="list-style-type: none"> ○ Seasoned Black Beans 	<p>18</p> <ul style="list-style-type: none"> • Cheesy Chicken Quesadilla • Southwest Veggie Wrap(VG) <ul style="list-style-type: none"> ○ Chopped Lettuce and Sliced Tomatoes with RANCH 	<p>19</p> <ul style="list-style-type: none"> • Penne Pasta with Meat Sauce (DF) • Cheese Pizza with a Whole Grain Crust (VG) • Sunny Sandwich <ul style="list-style-type: none"> ○ Steamed Corn
<p>22</p> <ul style="list-style-type: none"> • Turkey and Cheddar Sandwich • Taco Dippers Kit (VG) <ul style="list-style-type: none"> ○ Steamed Corn 	<p>23</p> <ul style="list-style-type: none"> • Chicken Bites • Sesame Chicken Wrap (DF) • Cheddar Cheese Sandwich(VG) • Seasoned Green Beans 	<p>24</p> <ul style="list-style-type: none"> • BBQ Chicken with Cheesy Rice • Sunny Sandwich Kit • Pinto Beans 	<p>25</p> <ul style="list-style-type: none"> • The Revolution Hot Dog (DF) • Cheesy Ravioli (VG) <ul style="list-style-type: none"> ○ Chopped Lettuce and Sliced Tomatoes with RANCH 	<p>26</p> <ul style="list-style-type: none"> • Pepperoni Pizza • Bean & Cheese Pupusa (VG) • Carrots (DF) <ul style="list-style-type: none"> ○ Sweet Potatoes
<p>29</p> <ul style="list-style-type: none"> • Cheesy Chicken Quesadilla • Sunny Sandwich Kit <ul style="list-style-type: none"> ○ Glazed Carrots 	<p>30</p> <ul style="list-style-type: none"> • Oven Roasted Chicken Sandwich(DF) • Cheesy Pizza Bite Meal(VG) <ul style="list-style-type: none"> ○ Seasoned Green Beans 	<p>31</p> <ul style="list-style-type: none"> • Pepper Jack Cheeseburger • Cheddar Cheese Sandwich (VG) <ul style="list-style-type: none"> ○ Seasoned Garbanzo Beans ○ Grape Tomatoes 		

X

X

Lunch: choice of 1% or fat-free milk; fresh fruit available daily.

Dairy-free (DF) and vegetarian (V) options available daily – if not listed on the menu, available upon request.

○ **Vegetable** of the day

JULY LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1</p> <ul style="list-style-type: none"> • Grilled Chicken Bites with BBQ Beans & Corn (DF) • Sunny Sandwich Kit ○ Diced Carrots 	<p>2</p> <ul style="list-style-type: none"> • Cheesy Pizza Bite Meal (VG) ○ Seasoned Green Beans 	<p>3</p> <ul style="list-style-type: none"> • Mumbo Grilled Chicken Bites (DF) • Pepper Jack Cheeseburger • Cheddar Cheese Sandwich (VG) ○ Pinto Beans 	<p>4</p> <p>INDEPENDENCE DAY</p>	<p>5</p> <ul style="list-style-type: none"> • NO SCHOOL
<p>8</p> <ul style="list-style-type: none"> • Flame Broiled Beef Burger (DF) • Bean and Cheese Quesadilla (VG) ○ Steamed Corn 	<p>9</p> <ul style="list-style-type: none"> • Crispy Chicken Sandwich • Cheese Pizza with a Whole Grain Crust (VG) ○ Seasoned Green Beans 	<p>10</p> <ul style="list-style-type: none"> • Baked Mac & Cheese and Chicken Bites • Cheesy Pizza Bite Meal (VG) • Chicken Salad Sandwich (DF) ○ Pinto Beans 	<p>11</p> <ul style="list-style-type: none"> • BBQ Chicken with Cheesy Rice • Italian Calzoni (VG) • Chopped Lettuce and Sliced Tomatoes with RANCH 	<p>12</p> <ul style="list-style-type: none"> • Pepperoni Pizza • Egg Salad Sandwich (VG) (DF) • Sweet Potatoes
<p>15</p> <ul style="list-style-type: none"> • Cheese Pizza Panada Pie (VG) ○ Seasoned Green Beans 	<p>16</p> <ul style="list-style-type: none"> • Breakfast for Lunch: Pancakes with Omelet (VG) • Rainbow Veggie Pizza (VG) ○ Island Glazed Carrots 	<p>17</p> <ul style="list-style-type: none"> • Flame Broiled Beef Cheeseburger • Cheddar Cheese Sandwich (VG) ○ Seasoned Black Beans 	<p>18</p> <ul style="list-style-type: none"> • Cheesy Ravioli (VG) ○ Chopped Lettuce and Sliced Tomatoes with RANCH 	<p>19</p> <ul style="list-style-type: none"> • Penne Pasta with Meat Sauce (DF) • Sunny Sandwich (VG) ○ Steamed Corn
<p>22</p> <ul style="list-style-type: none"> • Cheese Pizza with a Whole Grain Crust (VG) ○ Steamed Corn 	<p>23</p> <ul style="list-style-type: none"> • Chicken Bites • Cheddar Cheese Sandwich(VG) • Seasoned Green Beans 	<p>24</p> <ul style="list-style-type: none"> • BBQ Chicken with Cheesy Rice • Italian Calzoni (VG) • Pinto Beans 	<p>25</p> <ul style="list-style-type: none"> • Cheesy Ravioli (VG) ○ Chopped Lettuce and Sliced Tomatoes with RANCH 	<p>26</p> <ul style="list-style-type: none"> • Pepperoni Pizza • Carrots (DF) ○ Sweet Potatoes
<p>29</p> <ul style="list-style-type: none"> • Cheesy Chicken Quesadilla • Sunny Sandwich Kit (VG) ○ Diced Carrots 	<p>30</p> <ul style="list-style-type: none"> • Oven Roasted Chicken Sandwich(DF) • Cheesy Pizza Bite Meal(VG) • Seasoned Green Beans 	<p>31</p> <ul style="list-style-type: none"> • Pepper Jack Cheeseburger • Cheddar Cheese Sandwich (VG) ○ Seasoned Black Beans 		

X

X

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○ **Vegetable** of the day