

# December

## HOT / COLD BREAKFAST

PSN

Monday	Tuesday	Wednesday	Thursday	Friday
				<ul style="list-style-type: none"> <li>Corn Chex (DF)</li> </ul>
				1
<ul style="list-style-type: none"> <li>Yogurt/Educational Snacks</li> </ul>	<ul style="list-style-type: none"> <li>HOT Pancakes w/ Syrup</li> </ul>	<ul style="list-style-type: none"> <li>Blueberry Burst Whole Grain Bagel/Cream Cheese</li> </ul>	<ul style="list-style-type: none"> <li>HOT Turkey, Cheddar Cheese, and Omelet Gordita</li> </ul>	<ul style="list-style-type: none"> <li>Autumn Spice Muffin (seasonal)</li> </ul>
4	5	6	7	8
<ul style="list-style-type: none"> <li>Multigrain Cheerios (DF)</li> </ul>	<ul style="list-style-type: none"> <li>HOT Omelet w/ Cheese</li> </ul>	<ul style="list-style-type: none"> <li>Yogurt/Skeeter HONEY Grahams</li> </ul>	<ul style="list-style-type: none"> <li>HOT French Toast Sticks</li> </ul>	<ul style="list-style-type: none"> <li>String Cheese/Skeeter CINN Grahams</li> </ul>
11	12	13	14	15
18	Winter Holiday Break			
				22
25	26	27	28	29

Lunch: choice of 1% or fat-free milk; fresh fruit available daily.

Dairy-free (DF) and vegetarian (V) options available daily – if not listed on the menu, available upon request.

o Vegetable of the day



# December

## HOT / COLD BREAKFAST

K-12

Monday	Tuesday	Wednesday	Thursday	Friday
				<ul style="list-style-type: none"> <li>Corn Chex/Mini Dipperdoodle Bar (DF)</li> </ul>
				1
<ul style="list-style-type: none"> <li>Zee Zees Berry Apple Crisp Bar (DF)</li> </ul>	<ul style="list-style-type: none"> <li>HOT Pancakes w/ Syrup</li> </ul>	<ul style="list-style-type: none"> <li>Blueberry Burst Whole Grain Bagel/Cream Cheese</li> </ul>	<ul style="list-style-type: none"> <li>HOT Turkey, Cheddar Cheese, and Omelet Gordita</li> </ul>	<ul style="list-style-type: none"> <li>Autumn Spice Muffin (seasonal)</li> </ul>
4	5	6	7	8
<ul style="list-style-type: none"> <li>Cinnamon Chex/Zac Attack Strawberry (1.35 oz) (DF)</li> </ul>	<ul style="list-style-type: none"> <li>HOT Omelet w/ Cheese</li> </ul>	<ul style="list-style-type: none"> <li>Cheerios/Mini Dipperdoodle Bar (DF)</li> </ul>	<ul style="list-style-type: none"> <li>HOT French Toast Sticks</li> </ul>	<ul style="list-style-type: none"> <li>String Cheese/Skeeter CINN Grahams</li> </ul>
11	12	13	14	15
18	Winter Holiday Break			22
25	26	27	28	29

Lunch: choice of 1% or fat-free milk; fresh fruit available daily.

Dairy-free (DF) and vegetarian (V) options available daily – if not listed on the menu, available upon request.

o Vegetable of the day



# December

## LUNCH PSN

Monday	Tuesday	Wednesday	Thursday	Friday
				<ul style="list-style-type: none"> <li>Baked Mac &amp; Cheese and Chicken Bites Lunch Combo</li> <li>Egg Salad Sandwich (VG) (DF) (PSN)</li> <li>Steamed Corn</li> </ul> <p>1</p>
<ul style="list-style-type: none"> <li>Five Cheese Lasagna (VG)</li> <li>Crispy Chicken Sandwich</li> <li>Diced Carrots with Ranch</li> </ul> <p>4</p>	<ul style="list-style-type: none"> <li>Pepper Jack Cheeseburger</li> <li>Cheddar Cheese Sandwich (VG)</li> <li>Pinto Beans And Blanched Broccoli Florets</li> </ul> <p>5</p>	<ul style="list-style-type: none"> <li>Classic Chicken Parm Pasta</li> <li>Sunny Sandwich Kit (Sunbutter And Jelly) (VG)</li> <li>Steamed Corn</li> </ul> <p>6</p>	<ul style="list-style-type: none"> <li>Chicken Bites</li> <li>Southwest Veggie Wrap (VG)</li> <li>Chilled, Seasoned Green Beans</li> </ul> <p>7</p>	<ul style="list-style-type: none"> <li>Oven Roasted Chicken Sandwich (DF)</li> <li>Egg Salad Sandwich (VG) (DF)</li> <li>Braised Greens</li> </ul> <p>8</p>
<ul style="list-style-type: none"> <li>Italian "Sausage" Calzoni (VG)</li> <li>Mama's Red Chile Chicken Tamale</li> <li>Green Peas</li> </ul> <p>11</p>	<ul style="list-style-type: none"> <li>Bean and Cheese Quesadilla (Vg)</li> <li>Turkey And Cheddar Sandwich</li> <li>Diced Carrots and Pinto beans</li> </ul> <p>12</p>	<ul style="list-style-type: none"> <li>Chicken Enchiladas</li> <li>Southwest Veggie Wrap (VG)</li> <li>Chilled, Seasoned Green Beans</li> </ul> <p>13</p>	<ul style="list-style-type: none"> <li>Cheese Pizza With A Whole Grain Crust (VG)</li> <li>Chopped Lettuce And Sliced Tomatoes With Ranch</li> </ul> <p>14</p>	<ul style="list-style-type: none"> <li>Creamy Tomato Curry With Grilled Chicken</li> <li>Egg Salad Sandwich (VG) (DF)</li> <li>Sweet Potatoes</li> </ul> <p>15</p>
18	<p>Winter Holiday Break</p>			22
25	26	27	28	29

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o Vegetable of the day



# December

## LUNCH K-12

Monday	Tuesday	Wednesday	Thursday	Friday
				<ul style="list-style-type: none"> <li>Baked Mac &amp; Cheese and Chicken Bites Lunch Combo</li> <li>Egg Salad Sandwich (VG) (DF)</li> <li>Steamed Corn</li> </ul>
				1
<ul style="list-style-type: none"> <li>Five Cheese Lasagna (VG)</li> <li>Crispy Chicken Sandwich (DF)</li> <li>Baby Carrots With Ranch</li> </ul>	<ul style="list-style-type: none"> <li>Pepper Jack Cheeseburger</li> <li>Cheddar Cheese Sandwich (VG)</li> <li>Edamame And Blanched Broccoli Florets</li> </ul>	<ul style="list-style-type: none"> <li>Classic Chicken Parm Pasta</li> <li>Sunny Sandwich Kit (Sunbutter And Jelly) (VG)</li> <li>Steamed Corn</li> </ul>	<ul style="list-style-type: none"> <li>Chicken Bites</li> <li>Mighty Meaty Deli Combo Sandwich</li> <li>Southwest Veggie Wrap (VG)</li> <li>Chilled, Seasoned Green Beans</li> </ul>	<ul style="list-style-type: none"> <li>Oven Roasted Chicken Sandwich (DF)</li> <li>Egg Salad Sandwich (VG) (DF)</li> </ul>
4	5	6	7	8
<ul style="list-style-type: none"> <li>Italian "Sausage" Calzoni (VG)</li> <li>BBQ Chicken With Cheesy Rice</li> <li>Green Peas</li> </ul>	<ul style="list-style-type: none"> <li>The Revolution Hot Dog (DF)</li> <li>Sunny Sandwich Kit (Sunbutter And Jelly) (VG)</li> <li>Baby Carrots And Edamame</li> </ul>	<ul style="list-style-type: none"> <li>Chicken Enchiladas</li> <li>Southwest Veggie Wrap (VG)</li> <li>Chilled, Seasoned Green Beans</li> </ul>	<ul style="list-style-type: none"> <li>Cheese Pizza With A Whole Grain Crust (VG)</li> <li>Veggie Chef's Salad (VG)</li> <li>Chopped Lettuce And Sliced Tomatoes With Ranch</li> </ul>	<ul style="list-style-type: none"> <li>Creamy Tomato Curry With Grilled Chicken</li> <li>Egg Salad Sandwich (VG) (DF)</li> <li>Sweet Potatoes</li> </ul>
11	12	13	14	15
18	Winter Holiday Break			22
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