

April

revolution foods.

PSN BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
<ul style="list-style-type: none">Cheerios (DF) 2	<ul style="list-style-type: none">Plain Whole Wheat Bagel with Cream Cheese 3	<ul style="list-style-type: none">HOT French Toast Sticks 4	<ul style="list-style-type: none">HOT Classic Chicken Sausage and Cheddar Brekwich English Muffin 5	<ul style="list-style-type: none">Blueberry Muffin 6
<ul style="list-style-type: none">Yogurt with Educational Snacks 9	<ul style="list-style-type: none">String Cheese & Cinnamon Grahams 10	<ul style="list-style-type: none">HOT Pancakes with Syrup 11	<ul style="list-style-type: none">Banana Muffin 12	<ul style="list-style-type: none">Plain Whole Wheat Bagel with Cream Cheese 13
<ul style="list-style-type: none">No School 16	<ul style="list-style-type: none">HOT Omelet with Cheese 17	<ul style="list-style-type: none">French Toast Muffin 18	<ul style="list-style-type: none">HOT French Toast Sticks 19	<ul style="list-style-type: none">Honey Grahams and Cinnamon Rumbles 20
<ul style="list-style-type: none">Multigrain Cheerios (DF) 23	<ul style="list-style-type: none">HOT Pancakes with Syrup 24	<ul style="list-style-type: none">Blueberry Burst Whole Grain Bagel with Cream Cheese 25	<ul style="list-style-type: none">HOT Turkey, Cheddar Cheese, and Omelet Gordita 26	<ul style="list-style-type: none">Yogurt with Educational Snacks 27
<ul style="list-style-type: none">String Cheese with Cinnamon Grahams 30				

Breakfast: choice of 1% or fat-free milk; fresh available daily except when juice is oered three times per week.

This institution is an equal opportunity provider



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K-12 BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
<ul style="list-style-type: none"> Cinnamon Chex with Honey Grahams <p>2</p>	<ul style="list-style-type: none"> Plain Whole Wheat Bagel with Cream Cheese <p>3</p>	<ul style="list-style-type: none"> HOT Mini Cheese Omelet with French Toast Stick <p>4</p>	<ul style="list-style-type: none"> HOT Classic Chicken Sausage and Cheddar Brekwich (English Muffin) <p>5</p>	<ul style="list-style-type: none"> Blueberry Muffin <p>6</p>
<ul style="list-style-type: none"> Zee Zees Cinnamon Crisp Bar (DF) <p>9</p>	<ul style="list-style-type: none"> String Cheese & Cinnamon Grahams Lemon Muffin <p>10</p>	<ul style="list-style-type: none"> HOT Pancakes with Syrup <p>11</p>	<ul style="list-style-type: none"> Banana Muffin <p>12</p>	<ul style="list-style-type: none"> Plain Whole Wheat Bagel & Cream Cheese <p>13</p>
<ul style="list-style-type: none"> No School <p>16</p>	<ul style="list-style-type: none"> Cinnamon Chex with Zac Attack Strawberry Bar (DF) <p>17</p>	<ul style="list-style-type: none"> French Toast Muffin <p>18</p>	<ul style="list-style-type: none"> HOT French Toast, Maple Turkey Sausage, and Egg Combo <p>19</p>	<ul style="list-style-type: none"> Jumpstart Breakfast: Mini Dipperdoodle & String Cheese <p>20</p>
<ul style="list-style-type: none"> Cheerios & Zac Attack Apple (DF) <p>23</p>	<ul style="list-style-type: none"> HOT Pancakes with Syrup <p>24</p>	<ul style="list-style-type: none"> Blueberry Burst Whole Grain Bagel with Cream Cheese <p>25</p>	<ul style="list-style-type: none"> HOT Cheddar Cheese and Omelet Gordita <p>26</p>	<ul style="list-style-type: none"> Yogurt with Educational Snacks <p>27</p>
<ul style="list-style-type: none"> String Cheese & Cinnamon Grahams <p>30</p>				

What's New?

Our favorite **Zee Zees** bar – now available in **Cinnamon Crisp!**



Try it on 4/9!

Breakfast: choice of 1% or fat-free milk; fresh available daily except when juice is oered three times per week.

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April

PSN LUNCH

revolution foods.

Monday	Tuesday	Wednesday	Thursday	Friday
<ul style="list-style-type: none"> • Chicken Teriyaki with Brown Rice (DF) • Diced Carrots • Pinto Beans (legume) <p>2</p>	<ul style="list-style-type: none"> • Flame Broiled Beef Cheeseburger • Sunny Sandwich Kit (VG) • Green Peas <p>3</p>	<ul style="list-style-type: none"> • Baked Mac & Cheese and Chicken Bites Lunch Combo • Cheesy Pizza Bite Meal (VG) • Chilled, Seasoned Green Beans <p>4</p>	<ul style="list-style-type: none"> • General Tso's Chicken • Bean and Cheese Quesadilla (VG) • Chopped Lettuce and Sliced Tomatoes with Ranch <p>5</p>	<ul style="list-style-type: none"> • Cheese Pizza with a Whole Grain Crust • Sweet Potatoes <p>6</p>
<ul style="list-style-type: none"> • Philly Cheesesteak Sandwich • Sunny Sandwich Kit • Tomatoes • Pinto Beans (legume) <p>9</p>	<ul style="list-style-type: none"> • Kickin Chicken Melt Sandwich • Taco Dippers Kit (VG) • Glazed Carrots <p>10</p>	<ul style="list-style-type: none"> • Buffalo Chicken Crunchadilla • Rainbow Veggie Pizza (VG) • Green Beans <p>11</p>	<ul style="list-style-type: none"> • Flame Broiled Beef Cheeseburger • NEW!! Bean & Cheese Pupusa (VG) • Chopped Lettuce and Sliced Tomatoes with Ranch <p>12</p>	<ul style="list-style-type: none"> • Crispy Chicken Sandwich • Corn and Tomato Salad <p>13</p>
<ul style="list-style-type: none"> • No School <p>16</p>	<ul style="list-style-type: none"> • Cheesy Ravioli (VG) • Green Peas <p>17</p>	<ul style="list-style-type: none"> • Pepper Jack Cheeseburger • Cheddar Cheese Sandwich (VG) • Sweet Potatoes <p>18</p>	<ul style="list-style-type: none"> • Chicken Enchiladas • Southwest Veggie Wrap (VG) • Blanched Broccoli Florets with Ranch <p>19</p>	<ul style="list-style-type: none"> • Oven Roasted Chicken Sandwich (DF) • Egg Salad Sandwich (VG) (DF) • Seasoned Green Beans <p>20</p>
<ul style="list-style-type: none"> • Cheese Pizza Panada Pie (VG) • Turkey and Cheese Sandwich • Pinto Beans (legume) • Broccoli Florets <p>23</p>	<ul style="list-style-type: none"> • Rainbow Veggie Pizza (VG) • Pepper Jack Cheeseburger • Sesame Chicken Wrap (DF) • Steamed Corn <p>24</p>	<ul style="list-style-type: none"> • Cheese Pizza Bites • Glazed Carrots <p>25</p>	<ul style="list-style-type: none"> • Baked Mac & Cheese and BBQ Chicken • Chopped Lettuce and Sliced Tomatoes with Ranch <p>26</p>	<ul style="list-style-type: none"> • Crispy Chicken Sandwich • Cheddar Cheese Sandwich (VG) • Seasoned Green Beans <p>27</p>
<ul style="list-style-type: none"> • Breakfast for Lunch: Pancakes w/ Omelet (VG) • Mama's Tamale (Red Chile Chicken) (DF) • Diced Carrots • Pinto Beans (legume) <p>30</p>				

What's New?

Spiced up sides! Try our new veggie pairings - **Island Glazed Carrots** and **Chili Citrus Corn**.



Lunch: choice of 1% or fat-free milk; fresh available daily.

Dairy-free (DF) and vegetarian (V) options available daily – if not listed on the menu, available upon request.

o Vegetable of the day

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April

K-12 LUNCH

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Monday	Tuesday	Wednesday	Thursday	Friday
<ul style="list-style-type: none"> Chicken Teriyaki with Brown Rice (DF) Baby Carrots Edamame (legume) <p>2</p>	<ul style="list-style-type: none"> Flame Broiled Beef Cheeseburger Sunny Sandwich Kit (VG) Green Peas <p>3</p>	<ul style="list-style-type: none"> Baked Mac & Cheese and Chicken Bites Cheesy Pizza Bite Meal (VG) Chilled, Seasoned Green Beans <p>4</p>	<ul style="list-style-type: none"> General Tso's Chicken Bean and Cheese Quesadilla (VG) Chopped Lettuce and Sliced Tomatoes with Ranch <p>5</p>	<ul style="list-style-type: none"> Cheese Pizza with a Whole Grain Crust Sweet Potatoes <p>6</p>
<ul style="list-style-type: none"> Philly Cheesesteak Sandwich Sunny Sandwich Kit Tomatoes Pinto Beans (legume) <p>9</p>	<ul style="list-style-type: none"> Hot Dog (DF) Taco Dippers Kit (VG) Glazed Carrots <p>10</p>	<ul style="list-style-type: none"> Chili Citrus Drumstick with Rice (DF) Rainbow Veggie Pizza (VG) Green Beans <p>11</p>	<ul style="list-style-type: none"> Flame Broiled Cheeseburger NEW!! Bean & Cheese Pupusa (VG) Chopped Lettuce and Sliced Tomatoes with Ranch <p>12</p>	<ul style="list-style-type: none"> Five Cheese Lasagna (VG) Corn and Tomato Salad <p>13</p>
<ul style="list-style-type: none"> No School <p>16</p>	<ul style="list-style-type: none"> Hot Dog (DF) Cheesy Ravioli (VG) Green Peas <p>17</p>	<ul style="list-style-type: none"> Pepper Jack Cheeseburger Sunny Sandwich Kit (VG) Sweet Potatoes <p>18</p>	<ul style="list-style-type: none"> Chicken Enchiladas Southwest Veggie Wrap (VG) Blanched Broccoli Florets with Ranch <p>19</p>	<ul style="list-style-type: none"> Oven Roasted Chicken Sandwich (DF) Egg Salad Sandwich (VG) (DF) Seasoned Green Beans <p>20</p>
<ul style="list-style-type: none"> Turkey and Cheese Sandwich Egg Salad Sandwich (DF) Edamame (legume) Broccoli Florets <p>23</p>	<ul style="list-style-type: none"> Jumbo Meatball with Penne Pasta Sunny Sandwich Kit (VG) Steamed Corn <p>24</p>	<ul style="list-style-type: none"> Hot Dog NEW!! Bean & Cheese Pupusa Glazed Carrots <p>25</p>	<ul style="list-style-type: none"> Baked Mac & Cheese and BBQ Chicken Bean and Cheese Quesadilla Chopped Lettuce and Sliced Tomatoes with Ranch <p>26</p>	<ul style="list-style-type: none"> Crispy Chicken Sandwich (DF) Cheddar Cheese Sandwich (VG) Seasoned Green Beans <p>27</p>
<ul style="list-style-type: none"> Mama's Tamale (Red Chile Chicken) (DF) Baby Carrots Edamame (legume) <p>30</p>				

What's New?

Spiced up sides! Try our new veggie pairings - **Island Glazed Carrots** and **Chili Citrus Corn**.



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o Vegetable of the day

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