

# May

revolution foods.

## K-12 BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
	<ul style="list-style-type: none"> <li>Plain Whole Wheat Bagel with Cream Cheese</li> </ul> 1	<ul style="list-style-type: none"> <li>HOT Mini Cheese Omelet with French Toast Stick</li> </ul> 2	<ul style="list-style-type: none"> <li>Jumpstart Breakfast: Mini Dipperdoodle with String Cheese</li> </ul> 3	<b>SCHOOL LUNCH HERO DAY!</b> <ul style="list-style-type: none"> <li>Blueberry Muffin</li> </ul> 4
<ul style="list-style-type: none"> <li>Zee Zees Cinnamon Crisp Bar (VG) (DF)</li> </ul> 7	<b>NATIONAL TEACHER DAY!</b> <ul style="list-style-type: none"> <li>HOT Chicken Sausage and Omelet Gordita</li> </ul> 8	<ul style="list-style-type: none"> <li>HOT Pancakes w/ Syrup</li> </ul> 9	<ul style="list-style-type: none"> <li>Revolution Food Honey Buttons Cereal (DF)</li> </ul> 10	<ul style="list-style-type: none"> <li>Plain Whole Wheat Bagel with Cream Cheese</li> </ul> 11
<ul style="list-style-type: none"> <li>Zac Omega Bar Blackberry (DF)</li> </ul> 14	<ul style="list-style-type: none"> <li>HOT Omelet with Cheese</li> </ul> 15	<ul style="list-style-type: none"> <li>Yogurt with Honey Grahams</li> </ul> 16	<ul style="list-style-type: none"> <li>Cinnamon Crumble</li> </ul> 17	<ul style="list-style-type: none"> <li>Jumpstart Breakfast: Mini Dipperdoodle with String Cheese</li> </ul> 18
<ul style="list-style-type: none"> <li>Corn Chex with Zac Attack Strawberry (DF)</li> </ul> 21	<ul style="list-style-type: none"> <li>HOT Pancakes with Syrup</li> </ul> 22	<ul style="list-style-type: none"> <li>Blueberry Burst Whole Grain Bagel with Cream Cheese</li> </ul> 23	<ul style="list-style-type: none"> <li>HOT Breakfast Panada Pie with Eggs, Cheese, and Green Chillies</li> </ul> 24	<ul style="list-style-type: none"> <li>Zee Zees Cinnamon Crisp Bar (VG) (DF)</li> </ul> 25
<b>MEMORIAL DAY</b>  <b>NO SCHOOL</b> 28	<ul style="list-style-type: none"> <li>Revolution Food Snow Flurries Cereal (DF)</li> </ul> 29	<ul style="list-style-type: none"> <li>HOT Mini Cheese Omelet with French Toast Stick</li> </ul> 30	<ul style="list-style-type: none"> <li>Plain Whole Wheat Bagel with Cream Cheese</li> </ul> 31	

## What's New?

You'll love the new breakfast versions of our popular Fiesta Scoops! Try these hearty breakfast scrambles in either classic Enchilada or zesty Ranchero flavors.



Look for them on the menu on **May 23!**

**Breakfast:** choice of 1% or fat-free milk; fresh available daily except when juice is offered three times per week.

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# May

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Monday	Tuesday	Wednesday	Thursday	Friday
	<ul style="list-style-type: none"> <li>Plain Whole Wheat Bagel with Cream Cheese</li> </ul> 1	<ul style="list-style-type: none"> <li>HOT French Toast Stick</li> </ul> 2	<ul style="list-style-type: none"> <li>Corn Chex</li> </ul> 3	<b>SCHOOL LUNCH HERO DAY!</b> <ul style="list-style-type: none"> <li>Blueberry Muffin</li> </ul> 4
<ul style="list-style-type: none"> <li>Yogurt with Granola</li> </ul> 7	<b>NATIONAL TEACHER DAY!</b> <ul style="list-style-type: none"> <li>HOT Chicken Sausage and Omelet Gordita</li> </ul> 8	<ul style="list-style-type: none"> <li>HOT Pancakes w/ Syrup</li> </ul> 9	<ul style="list-style-type: none"> <li>Banana Muffin</li> </ul> 10	<ul style="list-style-type: none"> <li>Plain Whole Wheat Bagel with Cream Cheese</li> </ul> 11
<ul style="list-style-type: none"> <li>Cheerios (DF)</li> </ul> 14	<ul style="list-style-type: none"> <li>HOT Omelet with Cheese</li> </ul> 15	<ul style="list-style-type: none"> <li>Yogurt with Honey Grahams</li> </ul> 16	<ul style="list-style-type: none"> <li>Cinnamon Crumble</li> </ul> 17	<ul style="list-style-type: none"> <li>Honey Grahams with Cinnamon Rumbles</li> </ul> 18
<ul style="list-style-type: none"> <li>Corn Chex (DF)</li> </ul> 21	<ul style="list-style-type: none"> <li>HOT Pancakes with Syrup</li> </ul> 22	<ul style="list-style-type: none"> <li>Blueberry Burst Whole Grain Bagel with Cream Cheese</li> </ul> 23	<ul style="list-style-type: none"> <li>HOT Breakfast Panada Pie with Eggs, Cheese, and Green Chillies</li> </ul> 24	<ul style="list-style-type: none"> <li>Yogurt with Educational Snacks</li> </ul> 25
<b>MEMORIAL DAY</b>  <b>NO SCHOOL</b> 28	<ul style="list-style-type: none"> <li>Corn Chex (DF)</li> </ul> 29	<ul style="list-style-type: none"> <li>HOT French Toast Sticks</li> </ul> 30	<ul style="list-style-type: none"> <li>Plain Whole Wheat Bagel with Cream Cheese</li> </ul> 31	

### Did you know?

This month, we're celebrating some of our favorite people - **school nutrition professionals** (May 4) and **teachers** (May 8)!

Don't forget to thank them and let them know how much you appreciate them – on this day, and year-round!

**Breakfast:** choice of 1% or fat-free milk; fresh available daily except when juice is offered three times per week.


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# May

## K-12 LUNCH

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Monday	Tuesday	Wednesday	Thursday	Friday
	<ul style="list-style-type: none"> <li>Flame Broiled Beef Cheeseburger</li> <li>Sunny Sandwich Kit (VG)</li> <li>Green Peas</li> </ul> <p>1</p>	<ul style="list-style-type: none"> <li>Turkey and Cheddar Sandwich</li> <li>Egg Salad Sandwich (VG) (DF)</li> <li>Chilled, Seasoned Green Beans</li> </ul> <p>2</p>	 <ul style="list-style-type: none"> <li>Hot Dog (DF)</li> <li>Hummus Dippers (VG)</li> <li>Chopped Lettuce and Sliced Tomatoes with Ranch</li> </ul> <p>3</p>	<p><b>SCHOOL LUNCH HERO DAY!</b></p> <ul style="list-style-type: none"> <li>Cheese Pizza with a Whole Grain Crust (VG)</li> <li>Chicken Taco Trio</li> <li>Sweet Potatoes</li> </ul> <p>4</p>
<ul style="list-style-type: none"> <li>Chicken Bites</li> <li>Sunny Sandwich Kit</li> <li>Grape Tomatoes Pinto Beans</li> </ul> <p>7</p>	<p><b>NATIONAL TEACHER DAY!</b></p> <ul style="list-style-type: none"> <li>Hot Dog (DF)</li> <li>Whole Cheese Carrots</li> </ul> <p>8</p>	<ul style="list-style-type: none"> <li>Chili Citrus Drumstick with Rice (DF)</li> <li>Rainbow Veggie Pizza (VG)</li> <li>Chilled, Seasoned Green Beans</li> </ul> <p>9</p>	<ul style="list-style-type: none"> <li>Flame Broiled Beef Cheeseburger</li> <li>Veggie Chef's Salad (VG)</li> <li>Chopped Lettuce and Sliced Tomatoes with Ranch</li> </ul> <p>10</p>	<ul style="list-style-type: none"> <li>Crispy Chicken Sandwich (DF)</li> <li>Five Cheese Lasagna (VG)</li> <li>Chili Citrus Corn</li> </ul> <p>11</p>
<ul style="list-style-type: none"> <li>Classic Spaghetti and Meatballs (DF)</li> <li>Cheddar Cheese Sandwich (VG)</li> <li>Baby Carrots</li> <li>Pinto Beans</li> </ul> <p>14</p>	<ul style="list-style-type: none"> <li>Buffalo Chicken Pizza</li> <li>Sunny Sandwich Kit</li> <li>Green Peas</li> </ul> <p>15</p>	<ul style="list-style-type: none"> <li>Chicken Teriyaki with Brown Rice (DF)</li> <li>Sweet Potatoes</li> </ul> <p>16</p>	<ul style="list-style-type: none"> <li>Turkey and Cheese Flatbread Sandwich</li> <li>Southwest Veggie Wrap (VG)</li> <li>Blanched Broccoli Florets with Ranch</li> </ul> <p>17</p>	<ul style="list-style-type: none"> <li>Oven Roasted Chicken Sandwich (DF)</li> <li>Egg Salad Sandwich (VG) (DF)</li> <li>Chilled, Seasoned Green Beans</li> </ul> <p>18</p>
<ul style="list-style-type: none"> <li>Chicken Bites</li> <li>Sunny Sandwich Kit (Sunbutter and Jelly)</li> <li>Edamame</li> <li>Blanched Broccoli Florets</li> </ul> <p>21</p>	<ul style="list-style-type: none"> <li>Pepper Jack Cheeseburger</li> <li>Mama's Tamale (VG)</li> <li>Chili Citrus Corn</li> </ul> <p>22</p>	<ul style="list-style-type: none"> <li>Hot Dog (DF)</li> <li>Bean &amp; Cheese Pupusa (VG)</li> <li>Glazed Carrots</li> </ul> <p>23</p>	<ul style="list-style-type: none"> <li>Bean and Cheese Quesadilla (VG)</li> <li>Popcorn Chicken with BBQ Bean Sauce</li> <li>Chopped Lettuce and Sliced Tomatoes with Ranch</li> </ul> <p>24</p>	<ul style="list-style-type: none"> <li>Hawaiian Meatballs with Island Style Rice</li> <li>Cheddar Cheese Sandwich (VG)</li> <li>Chilled, Seasoned Green Beans</li> </ul> <p>25</p>
<p><b>MEMORIAL DAY</b></p> <p><b>NO SCHOOL</b></p> <p>28</p>	<ul style="list-style-type: none"> <li>Chicken Teriyaki with Brown Rice (DF)</li> <li>Sunny Sandwich Kit (VG)</li> <li>Green Peas</li> </ul> <p>29</p>	<ul style="list-style-type: none"> <li>Baked Mac &amp; Cheese and Chicken Bites</li> <li>Southwest Veggie Wrap (VG)</li> <li>Chilled, Seasoned Green Beans</li> </ul> <p>30</p>	<ul style="list-style-type: none"> <li>Cheese Pizza with a Whole Grain Crust (VG)</li> <li>Chopped Lettuce and Sliced Tomatoes with Ranch</li> </ul> <p>31</p>	

## Did you know?

This month, we're celebrating some of our favorite people - **school nutrition professionals** (May 4) and **teachers** (May 8)!



Don't forget to thank them and let them know how much you appreciate them – on this day, and year-round!

Lunch: choice of 1% or fat-free milk; fresh available daily.

Dairy-free (DF) and vegetarian (V) options available daily – if not listed on the menu, available upon request.


o Vegetable of the day

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	<ul style="list-style-type: none"> <li>Flame Broiled Beef Cheeseburger</li> <li>Sunny Sandwich Kit (VG)</li> <li>Green Peas</li> </ul>	<ul style="list-style-type: none"> <li>Baked Mac &amp; Cheese and Chicken Bites</li> <li>Egg Salad Sandwich (VG) (DF)</li> <li>Chilled, Seasoned Green Beans</li> </ul>	 <ul style="list-style-type: none"> <li>Cheesy Ravioli (VG)</li> <li>Chicken Salad Sandwich (DF)</li> <li>Chopped Lettuce and Sliced Tomatoes with Ranch</li> </ul>	<b>SCHOOL LUNCH HERO DAY!</b> <ul style="list-style-type: none"> <li>Cheese Pizza with a Whole Grain Crust (VG)</li> <li>Chicken Taco Trio</li> <li>Sweet Potatoes</li> </ul>
<ul style="list-style-type: none"> <li>Chicken Bites</li> <li>Tomatoes</li> <li>Pinto Beans</li> </ul>	<b>NATIONAL TEACHER DAY!</b> <ul style="list-style-type: none"> <li>Kickin Chicken Melt Sandwich</li> <li>Taco Dippers Kit (VG)</li> <li>Island Glazed Carrots</li> </ul>	<ul style="list-style-type: none"> <li>Buffalo Chicken Crunchadilla</li> <li>Chilled, Seasoned Green Beans</li> </ul>	<ul style="list-style-type: none"> <li>Cheesy Pizza Bite Meal (VG)</li> <li>Chopped Lettuce and Sliced Tomatoes with Ranch</li> </ul>	<ul style="list-style-type: none"> <li>Crispy Chicken Sandwich (DF)</li> <li>Five Cheese Lasagna (VG)</li> <li>Chili Citrus Corn</li> </ul>
<ul style="list-style-type: none"> <li>Spaghetti Marinara with Mozzarella (VG)</li> <li>Diced Carrots</li> <li>Pinto Beans</li> </ul>	<ul style="list-style-type: none"> <li>Buffalo Chicken Pizza</li> <li>Sunny Sandwich Kit (VG)</li> <li>Green Peas</li> </ul>	<ul style="list-style-type: none"> <li>Chicken Teriyaki with Brown Rice (DF)</li> <li>Sweet Potatoes</li> </ul>	<ul style="list-style-type: none"> <li>Turkey and Cheese Flatbread Sandwich</li> <li>Blanched Broccoli Florets with Ranch</li> </ul>	<ul style="list-style-type: none"> <li>Oven Roasted Chicken Sandwich (DF)</li> <li>Egg Salad Sandwich (VG) (DF)</li> <li>Chilled, Seasoned Green Beans</li> </ul>
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<b>MEMORIAL DAY</b>  <b>NO SCHOOL</b>	<ul style="list-style-type: none"> <li>Chicken Teriyaki with Brown Rice (DF)</li> <li>Cheddar Cheese Sandwich</li> <li>Green Peas</li> </ul>	<ul style="list-style-type: none"> <li>Baked Mac &amp; Cheese and Chicken Bites</li> <li>Southwest Veggie Wrap (VG)</li> <li>Chilled, Seasoned Green Beans</li> </ul>	<ul style="list-style-type: none"> <li>Cheese Pizza with a Whole Grain Crust (VG)</li> <li>Chopped Lettuce and Sliced Tomatoes with Ranch</li> </ul>	

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