

DECEMBER BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 • string cheese & cinnamon grahams	4 • HOT french toast sticks (vg)	5 • blueberry burst muffin	6 • plain bagel & cream cheese (vg) • pineapple juice available	7 • zee zees cinnamon crisp bar (vg)(df)
10 • zac omega fruit filled strawberry bar (vg) (df)	11 • apple cinnamon muffin	12 • HOT chicken sausage & omelet gordita	13 • yogurt & educational snacks (vg) • orange juice available	14 • cinnamon crumbles
17 • cinnamon "dipperdoodle" bar	18 • HOT cheesy omelet (vg)	19 • string cheese & cinnamon grahams	No School	No School
24 	25 	26 No School	27 No School	28 No School
NEW YEAR'S EVE! 31 No School				

DID YOU KNOW?

We only serve milk that is rBST-free. That means it is from cows not treated with any hormones, ensuring your milk is only made of the good stuff like calcium, vitamin D and protein!



Don't forget to grab a carton of low-fat or non-fat milk with breakfast!

Breakfast: choice of 1% or fat-free milk; fresh fruit served daily except when fruit juice is offered.

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 • string cheese & cinnamon grahams	4 • HOT french toast sticks (vg) • cinnamon crumbles	5 • blueberry burst muffin (vg)	6 • plain bagel & cream cheese (vg) • pineapple juice available	7 • cheerios & fruit (df)
10 • yogurt & honey grahams (vg)	11 • apple cinnamon muffin	12 • HOT chicken sausage & omelet gordita	13 • yogurt & educational snacks (vg) • orange juice available	14 • cinnamon crumbles
17 • honey grahams & cinnamon rumbles	18 • HOT cheesy omelet (vg)	19 • string cheese & cinnamon grahams	20 No School	21 No School
24 	25 	26 No School	27 No School	28 No School
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DECEMBER LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3</p> <ul style="list-style-type: none"> • chicken bites • egg salad sandwich (vg)(df) ○ seasoned green beans (chilled) 	<p>4</p> <ul style="list-style-type: none"> • buffalo chicken "crunchadilla" • cheesy pizza bites (vg) ○ orangy carrots 	<p>5</p> <ul style="list-style-type: none"> • cheesy ravioli (vg) ○ warm pinto beans ○ grape tomatoes 	<p>6</p> <ul style="list-style-type: none"> • beef cheeseburger • veggie chilli (vg) ○ lettuce & tomatoes with ranch 	<p>7</p> <ul style="list-style-type: none"> ○ PIZZA FRIDAY (1st- 12th) ○ green peas
<p>10</p> <ul style="list-style-type: none"> • popcorn chicken bites with bbq bean sauce • bean & cheese quesadilla (vg) ○ steamed corn 	<p>11</p> <ul style="list-style-type: none"> • the revolution dog (df) • veggie chef's salad (vg) ○ edamame beans (chilled) ○ baby carrots 	<p>12</p> <ul style="list-style-type: none"> • cheese pizza panada pie (vg) ○ seasoned green beans (chilled) 	<p>13</p> <ul style="list-style-type: none"> • turkey & cheddar sandwich ○ lettuce & tomatoes with ranch 	<p>14</p> <ul style="list-style-type: none"> • PIZZA FRIDAY (1st- 12th) • chicken taco trio • egg salad sandwich (vg)(df) ○ sweet potatoes
<p>17</p> <ul style="list-style-type: none"> • the revolution dog (df) • cheddar cheese sandwich (vg) ○ steamed corn 	<p>18</p> <ul style="list-style-type: none"> • chicken bites • sunny sandwich kit (sunbutter & jelly)(vg) ○ steamed carrots 	<p>19</p> <ul style="list-style-type: none"> • beef burger (df) • bean & cheese quesadilla (vg) ○ warm pinto beans ○ grape tomatoes 	<p>20</p> <p>No School</p>	<p>21</p> <p>No School</p>
<p>24</p> 	<p>25</p> 	<p>26</p> <p>No School</p>	<p>27</p> <p>No School</p>	<p>28</p> <p>No School</p>
<p>NEW YEAR'S EVE!</p> <p>31</p> <p>No School</p>				

HAPPY HOLIDAYS!

Bring on the holidays with our warm and hearty seasonal **Roast Turkey & Stuffing** meal: thick-cut turkey paired with savory stuffing, sweet mashed yams, and homemade gravy.

Look for it on the menu on **DATE!**



Lunch: choice of 1% or fat-free milk; fresh fruit available daily.

Dairy-free (DF) and vegetarian (V) options available daily – if not listed on the menu, available upon request.

- **Vegetable** of the day

DECEMBER LUNCH

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	3	4	5	6	7
	<ul style="list-style-type: none"> • chicken bites • egg salad sandwich (vg)(df) ○ seasoned green beans (chilled) 	<ul style="list-style-type: none"> • cheesy pizza bites (vg) • df option by request ○ orangy carrots 	<ul style="list-style-type: none"> • cheesy ravioli (vg) ○ warm pinto beans ○ grape tomatoes 	<ul style="list-style-type: none"> • beef cheeseburger • veggie chili (vg) ○ lettuce & tomatoes with ranch 	<ul style="list-style-type: none"> ○ Cheese pizza ○ green peas
	10	11	12	13	14
	<ul style="list-style-type: none"> • grilled chicken bites with bbq bean sauce • bean & cheese quesadilla (vg) ○ steamed corn 	<ul style="list-style-type: none"> • beef cheeseburger • southwest veggie wrap (vg) ○ warm pinto beans ○ warm diced carrots 	<ul style="list-style-type: none"> • cheese pizza panada pie (vg) ○ seasoned green beans (chilled) 	<ul style="list-style-type: none"> • chicken & chile tamale (df) • cheddar cheese sandwich (vg) ○ lettuce & tomatoes with ranch 	<ul style="list-style-type: none"> • crispy chicken sandwich • egg salad sandwich (vg)(df) ○ sweet potatoes
	17	18	19	20	21
	<ul style="list-style-type: none"> • oven roasted chicken sandwich (df) • italian calzoni (vg) 	<ul style="list-style-type: none"> • chicken bites • df option by request ○ diced carrots 	<ul style="list-style-type: none"> • beef burger (df) • hummus dippers (vg) ○ warm pinto beans ○ tomatoes 	No School	No School
	24	25	26	27	28
			No School	No School	No School
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○ **Vegetable** of the day

ECE