

MARCH BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 • Yogurt with Cinnamon Grahams
4 • Multigrain Cheerios (DF)	5 • HOT French Toast Sticks (VG)	6 • *NEW* HOT Sausage & Cheddar Biscuit	7 • HOT Cornbread with Egg Omelet (VG)	8 • Plain Whole Wheat Bagel with Cream Cheese
11 • Corn Chex (DF)	12 • String Cheese with Cinnamon Grahams	13 • HOT Omelet with Cheese (VG)	14 • Plain Whole Wheat Bagel with Cream Cheese	15 • Blueberry Muffin
18 • Cheerios (DF)	19 • HOT French Toast Sticks (VG)	20 • HOT Turkey, Cheddar Cheese, Omelet Gordita	21 • HOT Pancake Bowl Strawberry	22 • Mini Lemon Muffin with String Cheese (VG)
25 • Yogurt with Cinnamon Grahams	26 • Cinnamon Crumble	27 • HOT Omelet with Cheese (VG)	28 • HOT Pancakes with Syrup (VG)	29 • Blueberry Muffin

CELEBRATE NATIONAL SCHOOL BREAKFAST WEEK!



DID YOU KNOW?

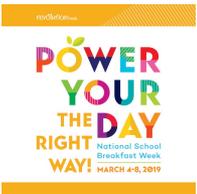
Studies show that students who eat breakfast have improved attention and memory, which leads to higher reading and math scores!

Breakfast: choice of 1% or fat-free milk; fresh served daily except when juice is offered.

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MARCH LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
4	5	6	7	8
<ul style="list-style-type: none"> • Cheesy Chicken Quesadilla • Egg Salad Sandwich (VG) (DF) ○ Steamed Corn 	<ul style="list-style-type: none"> • BBQ Beef Flatbread Melt ○ Seasoned Green Beans 	<ul style="list-style-type: none"> • Mama's Tamale (Red Chile Chicken) (DF) • Southwest Veggie Wrap (VG) ○ Seasoned Black Beans and Corn 	<ul style="list-style-type: none"> • Pepper Jack Cheeseburger • Sunny Sandwich Kit ((VG) ○ Chopped Lettuce and Tomatoes 	<ul style="list-style-type: none"> • Cheesy Pizza Bite Meal ○ Green Peas
11	12	13	14	15
<ul style="list-style-type: none"> • Flame Broiled Beef Cheeseburger • Taco Dippers Kit [broccoli] (VG) ○ Seasoned Green Beans 	<ul style="list-style-type: none"> • Chicken Bites • Cheddar Cheese Sandwich (VG) ○ Glazed Carrots 	<ul style="list-style-type: none"> • BBQ Chicken with Cheesy Rice • Rainbow Veggie Pizza (VG) ○ Steamed Corn ○ Pinto Beans 	<ul style="list-style-type: none"> • Cheesy Ravioli (VG) ○ Chopped Lettuce and Tomatoes 	<ul style="list-style-type: none"> • Crispy Chicken Sandwich • Sunny Sandwich Kit (VG) ○ Seasoned Carrot, Corn, Peas
18	19	20	21	22
<ul style="list-style-type: none"> • Pepperoni Pizza ○ Seasoned Green Beans 	<ul style="list-style-type: none"> • Pizza Burger Bagel Melt • Sunny Sandwich Kit (VG) ○ Steamed Corn 	<ul style="list-style-type: none"> • Cheesy Chicken Quesadilla • Southwest Veggie Wrap (VG) ○ Steamed Corn ○ Seasoned Black Beans 	<ul style="list-style-type: none"> • Chicken Teriyaki with Brown Rice (DF) • Cheddar Cheese Sandwich (VG) ○ Chopped Lettuce and Tomato 	<ul style="list-style-type: none"> • Cheese Pizza with a Whole Grain Crust (VG) • (DF) ○ Sweet Potatoes
25	26	27	28	29
<ul style="list-style-type: none"> • Cheesy Pizza Bite Meal • Flame Broiled Beef Cheeseburger ○ Island Glazed Carrots 	<ul style="list-style-type: none"> • Cheesy Chicken Quesadilla • Egg Salad Sandwich (VG) (DF) ○ Seasoned Green Beans 	<ul style="list-style-type: none"> • Creamy Pasta Alfredo (VG) • Chicken Taco Trio ○ Steamed Corn 	<ul style="list-style-type: none"> • BBQ Chicken with Cheesy Rice • Cheddar Cheese Sandwich ○ Chopped Lettuce and Tomato 	<ul style="list-style-type: none"> • Crispy Chicken Sandwich • Sunny Sandwich Kit (VG) ○ Green Peas

WHAT'S NEW?

In honor of National School Breakfast Week (March 4-8), we've created a new version of everyone's favorite – **Breakfast for Lunch!**



Don't miss out on whole-grain pancakes served with a mini cheese omelet and maple turkey sausages – **available on date!**

Lunch: choice of 1% or fat-free milk; fresh available daily.

Dairy-free (DF) and vegetarian (V) options available daily – if not listed on the menu, available upon request.

○ **Vegetable** of the day

MARCH LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
4	5	6	7	8
<ul style="list-style-type: none"> • The Revolution Hot Dog (DF) • Egg Salad Sandwich (VG) (DF) ○ Steamed Corn 	<ul style="list-style-type: none"> • Cheese Pizza Panada Pie (VG) • BBQ Beef Flatbread Melt ○ Seasoned Green Beans 	<ul style="list-style-type: none"> • Chili Citrus Drumstick with Rice (DF) • Southwest Veggie Wrap (VG) ○ Edamame & Steamed Corn 	<ul style="list-style-type: none"> • Pepper Jack Cheeseburger • Sunny Sandwich Kit (VG) ○ Chopped Lettuce and Sliced Tomatoes with RANCH 	<ul style="list-style-type: none"> • Cheese Pizza with a Whole Grain Crust (VG) ○ Sweet Potatoes
11	12	13	14	15
<ul style="list-style-type: none"> • Cheesy Pizza Bite Meal (VG) • The Revolution Hot Dog (DF) ○ Seasoned Green Beans 	<ul style="list-style-type: none"> • Chicken Bites • Cheddar Cheese Sandwich (VG) ○ Glazed Carrots 	<ul style="list-style-type: none"> • BBQ Chicken with Cheesy Rice • Rainbow Veggie Pizza (VG) ○ Pinto Beans & Steamed Corn 	<ul style="list-style-type: none"> • Cheesy Chicken Quesadilla • Egg Salad Sandwich (VG) (DF) ○ Chopped Lettuce and Sliced Tomatoes with RANCH 	<ul style="list-style-type: none"> • Crispy Chicken Sandwich (DF) • Sunny Sandwich Kit (VG) ○ Seasoned Carrot, Corn, & Peas
18	19	20	21	22
<ul style="list-style-type: none"> • Pepperoni Pizza • Cheddar Cheese Sandwich (VG) • Seasoned Green Beans 	<ul style="list-style-type: none"> • Pizza Burger Bagel Melt • Sunny Sandwich Kit (VG) ○ Steamed Corn 	<ul style="list-style-type: none"> • Chicken Salad Sandwich w/ Carrots (DF) • Southwest Veggie Wrap (VG) ○ Seasoned Black Beans ○ Steamed Corn 	<ul style="list-style-type: none"> • Italian Calzoni (VG) • Chicken Teriyaki with Brown Rice (DF) ○ Chopped Lettuce and Sliced Tomatoes with RANCH 	<ul style="list-style-type: none"> • Cheese Pizza (VG) ○ Sweet Potatoes
25	26	27	28	29
<ul style="list-style-type: none"> • The Revolution Hot Dog (DF) • Taco Dippers Kit (VG) ○ Island Glazed Carrots 	<ul style="list-style-type: none"> • Cheesy Chicken Quesadilla • Cheddar Cheese Sandwich (VG) • Egg Salad Sandwich (VG) (DF) ○ Seasoned Green Beans 	<ul style="list-style-type: none"> • Creamy Pasta Alfredo (VG) • Chicken Taco Trio ○ Garbanzo, Edamame, & Shredded Carrots 	<ul style="list-style-type: none"> • Chicken Salad Sandwich w/ Carrots (DF) • Veggie Chef's Salad (VG) ○ Chopped Lettuce and Sliced Tomatoes with RANCH 	<ul style="list-style-type: none"> • Cheese Pizza • Crispy Chicken Sandwich (DF) • Sunny Sandwich Kit ○ Green Peas

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