

MAY BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 • Zee Zees Berry Apple Crisp Bar	2 • HOT Cornbread with Egg Omelet	3 • Plain Whole Wheat Bagel Cream Cheese
6 • Yogurt with Cinnamon Grahams • Zac Omega Bar Strawberry	7 • Cinnamon Chex Educational Snacks	8 • HOT Rise & Shine Breakfast Burrito (Egg & Cheese)	9 • HOT Pancakes with Syrup	10 • Apple Mini Muffin with string cheese
13 • Cheerios with Animal Crackers	14 • HOT Mini Cheese Omelet with French Toast Stick	15 • HOT Rise & Shine Breakfast Burrito (Egg & Cheese)	16 • Biscuit & Country Gravy	17 • Mini French Toast Muffin with String Cheese
20 • Yogurt with Cinnamon Grahams	21 • Giant Cinnamon Goldfish Grahams	22 • HOT Omelet with Cheese	23 • HOT Pancakes with Syrup	24 • Apple Mini Muffin with String Cheese
27	28 • Corn Chex with Giant Cinnamon Goldfish Grahams	29 • HOT Mini Cheese Omelet with French Toast Stick	30 • String Cheese with Cinnamon Graham	31 • Blueberry Burst Whole Grain Bagel Cream Cheese

DID YOU KNOW?

We only serve milk that is rBST-free. That means it is from cows not treated with any hormones, ensuring your milk is only made of the good stuff like calcium, vitamin D and protein!



Don't forget to grab a carton of low-fat or non-fat milk with breakfast!

Breakfast: choice of 1% or fat-free milk; fresh served daily except when juice is offered.

MAY BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 • Apple Muffin	2 • HOT Cornbread with Egg Omelet	3 • Plain Whole Wheat Bagel with Cream Cheese
6 • Yogurt with Cinnamon Grahams	7 • Corn Chex	8 • HOT Omelet with Cheese	9 • HOT Pancakes with Syrup	10 • Apple Mini Muffin with String Cheese
13 • Cheerios	14 • HOT Mini Cheese Omelet with French Toast Stick	15 • Biscuit & Country Gravy	16 • HOT Rise & Shine Breakfast Burrito (Egg & Cheese)	17 • Mini French Toast Muffin with String Cheese
20 • Yogurt with Cinnamon Grahams	21 • Cinnamon Raisin Bagel • Cheerios	22 • HOT Omelet with Cheese	23 • HOT Pancakes with Syrup	24 • Apple Mini Muffin with String Cheese
27	28 • Corn Chex	29 • HOT Mini Cheese Omelet with French Toast Stick	30 • String Cheese with Cinnamon Grahams	31 • Blueberry Burst Whole Grain Bagel Cream Cheese

DID YOU KNOW?

We only serve milk that is rBST-free. That means it is from cows not treated with any hormones, ensuring your milk is only made of the good stuff like calcium, vitamin D and protein!



Don't forget to grab a carton of low-fat or non-fat milk with breakfast!

Breakfast: choice of 1% or fat-free milk; fresh served daily except when juice is offered.

MAY LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<p>1</p> <ul style="list-style-type: none"> • BBQ Chicken with Cheesy Rice • Southwest Veggie Wrap ○ Seasoned Black Beans ○ Steamed Corn 	<p>2</p> <ul style="list-style-type: none"> • Pasta with Zesty Beef • Egg Salad Sandwich ○ Chopped Lettuce and Tomatoes 	<p>3</p> <ul style="list-style-type: none"> • Creamy Chicken & Biscuit • Sunny Sandwich Kit ○ Sweet Potatoes
<p>6</p> <ul style="list-style-type: none"> • Cheesy Pizza Bite Meal • Flame Broiled Cheeseburger ○ Seasoned Green Beans 	<p>7</p> <ul style="list-style-type: none"> • Chicken Bites • Sunny Sandwich Kit • Sesame Chicken Wrap ○ Glazed Carrots 	<p>8</p> <ul style="list-style-type: none"> • Rainbow Veggie Pizza • Cheddar Cheese Sandwich ○ Pinto Beans 	<p>9</p> <ul style="list-style-type: none"> • Korean BBQ Beef Bowl • Egg Salad Sandwich ○ Chopped Lettuce and Tomatoes 	<p>10</p> <ul style="list-style-type: none"> • Five Cheese Lasagna • Crispy Chicken Sandwich ○ Seasoned Carrot, Corn, Peas
<p>13</p> <ul style="list-style-type: none"> • Pepperoni Pizza • Cheddar Cheese Sandwich ○ Seasoned Green Beans 	<p>14</p> <ul style="list-style-type: none"> • Chicken Bites • Hummus Dippers ○ Steamed Corn 	<p>15</p> <ul style="list-style-type: none"> • Cheesy Chicken Quesadilla • Southwest Veggie Wrap ○ Seasoned Black Beans 	<p>16</p> <ul style="list-style-type: none"> • Sunny Sandwich Kit • Turkey and Cheddar Sandwich ○ Chopped Lettuce and Tomatoes 	<p>17</p> <ul style="list-style-type: none"> • Spaghetti Marinara with Mozzarella ○ Sweet Potatoes
<p>20</p> <ul style="list-style-type: none"> • The Revolution Hot Dog • Taco Dippers Kit ○ Island Glazed Carrots 	<p>21</p> <ul style="list-style-type: none"> • Flame Broiled Beef Burger • Cheddar Cheese Sandwich • Egg Salad Sandwich ○ Seasoned Green Beans 	<p>22</p> <ul style="list-style-type: none"> • Chicken Taco Trio • Cheesy Pizza Bite Meal ○ Citrus Black Beans and Corn 	<p>23</p> <ul style="list-style-type: none"> • BBQ Chicken with Cheesy Rice ○ Chopped Lettuce and Tomatoes 	<p>24</p> <ul style="list-style-type: none"> • Hot Meatball Sub • Sunny Sandwich Kit ○ Green Peas
<p>27</p>	<p>28</p> <ul style="list-style-type: none"> • The Revolution Hot Dog • Bean and Cheese Quesadilla ○ Seasoned Green Beans 	<p>29</p> <ul style="list-style-type: none"> • Penne Pasta with Meat Sauce • Rainbow Veggie Pizza ○ Steamed Corn 	<p>30</p> <ul style="list-style-type: none"> • Turkey and Cheddar Sandwich ○ Chopped Lettuce and Tomatoes 	<p>31</p> <ul style="list-style-type: none"> • Creamy Chicken & Biscuit • Taco Dippers Kit ○ Sweet Potatoes

WHAT'S NEW?

Just in time for Spring! Our new **Penne Pesto Salad with Chicken** is bursting with bold, fresh flavors!



You'll love our penne pasta tossed in pesto sauce topped with diced chicken, basil pesto sauce and shredded parmesan cheese. **Available on date!**

Lunch: choice of 1% or fat-free milk; fresh fruit available daily.

Dairy-free and vegetarian (V) options available daily – if not listed on the menu, available upon request.

- **Vegetable** of the day

MAY LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 <ul style="list-style-type: none"> • Pepper Jack Cheeseburger • Southwest Veggie Wrap ○ Edamame 	2 <ul style="list-style-type: none"> • Pasta with Zesty Beef • Egg Salad Sandwich ○ Chopped Lettuce and Tomatoes 	3 <ul style="list-style-type: none"> • Pepperoni Pizza • Sunny Sandwich Kit ○ Sweet Potatoes
6 <ul style="list-style-type: none"> • Cheesy Pizza Bite Meal • Taco Dippers Kit ○ Seasoned Green Beans 	7 <ul style="list-style-type: none"> • Chicken Bites • Sunny Sandwich Kit ○ Glazed Carrots 	8 <ul style="list-style-type: none"> • Rainbow Veggie Pizza • Cheddar Cheese Sandwich ○ Pinto Beans 	9 <ul style="list-style-type: none"> • Korean BBQ Beef Bowl • Egg Salad Sandwich ○ Chopped Lettuce and Tomatoes 	10 <ul style="list-style-type: none"> • Crispy Chicken Sandwich • Southwest Veggie Wrap ○ Seasoned Carrot, Corn, Peas
13 <ul style="list-style-type: none"> • Pepperoni Pizza • Cheddar Cheese Sandwich ○ Seasoned Green Beans 	14 <ul style="list-style-type: none"> • BBQ Beef Flatbread Melt FW • Chicken Bites • Hummus Dippers ○ Steamed Corn 	15 <ul style="list-style-type: none"> • Cheesy Ravioli • Cheesy Chicken Quesadilla • Southwest Veggie Wrap ○ Seasoned Black Beans 	16 <ul style="list-style-type: none"> • Italian Calzoni • Chicken Teriyaki with Brown Rice • Cheddar Cheese Sandwich ○ Chopped Lettuce and Tomatoes 	17 <ul style="list-style-type: none"> • Spaghetti Marinara with Mozzarella • Cheese Pizza with a Whole Grain Crust • Egg Salad Sandwich ○ Sweet Potatoes
20 <ul style="list-style-type: none"> • Cheesy Pizza Bite Meal • Sesame Chicken Wrap ○ Island Glazed Carrots 	21 <ul style="list-style-type: none"> • Flame Broiled Beef Burger • Cheddar Cheese Sandwich ○ Seasoned Green Beans 	22 <ul style="list-style-type: none"> • Chicken Taco Trio • Sandwich ○ Seasoned Black Beans ○ Steamed Corn 	23 <ul style="list-style-type: none"> • BBQ Chicken with Cheesy Rice • Southwest Veggie Wrap ○ Chopped Lettuce and Tomatoes 	24 <ul style="list-style-type: none"> • Crispy Chicken Sandwich • Sunny Sandwich Kit ○ Green Peas
27 <ul style="list-style-type: none"> • Grilled Chicken Bites with BBQ Beans & Corn • Bean and Cheese Quesadilla ○ Seasoned Green Beans 	28 <ul style="list-style-type: none"> • Grilled Chicken Bites with BBQ Beans & Corn • Bean and Cheese Quesadilla ○ Seasoned Green Beans 	29 <ul style="list-style-type: none"> • Penne Pasta with Meat Sauce • Rainbow Veggie Pizza ○ Steamed Corn 	30 <ul style="list-style-type: none"> • Baked Mac & Cheese and Chicken Bites • Vegan BBQ "Beef" Calzoni ○ Chopped Lettuce and Tomatoes 	31 <ul style="list-style-type: none"> • Pepperoni Pizza • Taco Dippers Kit ○ Sweet Potatoes

WHAT'S NEW?

Just in time for Spring! Our new **Penne Pesto Salad with Chicken** is bursting with bold, fresh flavors!



You'll love our penne pasta tossed in pesto sauce topped with diced chicken, basil pesto sauce and shredded parmesan cheese. **Available on date!**

Lunch: choice of 1% or fat-free milk; fresh fruit available daily.

Dairy-free and vegetarian (V) options available daily – if not listed on the menu, available upon request.

○ **Vegetable** of the day