

SEPTEMBER

BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<ul style="list-style-type: none"> NO SCHOOL 2 	<ul style="list-style-type: none"> Yogurt with Cinnamon Grahams 3 	<ul style="list-style-type: none"> HOT Mini Cheese Omelet with French Toast Stick 4 	<ul style="list-style-type: none"> HOT Rise & Shine Breakfast Burrito 5 	<ul style="list-style-type: none"> Plain Whole Wheat Bagel with Cream Cheese 6
<ul style="list-style-type: none"> Granola Bowl 9 	<ul style="list-style-type: none"> HOT Cornbread and Egg Omelet 10 	<ul style="list-style-type: none"> HOT Pancakes with Syrup 11 	<ul style="list-style-type: none"> String Cheese with Cinnamon Grahams 12 	<ul style="list-style-type: none"> Blueberry Burst Whole Grain Bagel with Cream Cheese 13
<ul style="list-style-type: none"> Zac Omega Bar Strawberry 16 	<ul style="list-style-type: none"> Multigrain Cheerios with Giant Cinnamon Goldfish Grahams 17 	<ul style="list-style-type: none"> HOT Pepper Jack Cheese and Omelet Gordita 18 	<ul style="list-style-type: none"> Plain Whole Wheat Bagel with Cream Cheese 19 	<ul style="list-style-type: none"> Blueberry Muffin 20
<ul style="list-style-type: none"> Yogurt with Educational Snacks 23 	<ul style="list-style-type: none"> HOT French Toast Sticks 24 	<ul style="list-style-type: none"> HOT Sausage and Cheddar Biscuit 25 	<ul style="list-style-type: none"> HOT Pancakes with Syrup Corn Chex with Educational Snacks 26 	<ul style="list-style-type: none"> Blueberry Burst Whole Grain Bagel with Cream Cheese 27
<ul style="list-style-type: none"> Cinnamon Chex 30 				

Did you know?

We only serve milk that is rBST-free. That means it is from cows not treated with any hormones, ensuring your milk is only made of the good stuff like calcium, vitamin D and protein! Don't forget to grab a carton of low-fat or non-fat milk with breakfast!



This institution is an equal opportunity provider. All grains offered are whole-grain rich.

BREAKFAST: choice of 1% or fat-free milk; fresh fruit available daily except when fruit juice is offered.

STUDENT FAVORITE ★

SEPTEMBER

PSN BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<ul style="list-style-type: none"> No School <p>2</p>	<ul style="list-style-type: none"> Yogurt with Cinnamon Grahams <p>3</p>	<ul style="list-style-type: none"> HOT Mini Cheese Omelet with French Toast Stick <p>4</p>	<ul style="list-style-type: none"> HOT Rise & Shine Breakfast Burrito (Egg & Cheese) <p>5</p>	<ul style="list-style-type: none"> Plain Whole Wheat Bagel with Cream Cheese <p>6</p>
<ul style="list-style-type: none"> Granola Bowl <p>9</p>	<ul style="list-style-type: none"> HOT Cornbread and Egg Omelet <p>10</p>	<ul style="list-style-type: none"> HOT Pancakes with Syrup <p>11</p>	<ul style="list-style-type: none"> String Cheese with Cinnamon Grahams <p>12</p>	<ul style="list-style-type: none"> Blueberry Burst Whole Grain Bagel with Cream Cheese <p>13</p>
<ul style="list-style-type: none"> Corn Chex <p>16</p>	<ul style="list-style-type: none"> String Cheese with Cinnamon Grahams <p>17</p>	<ul style="list-style-type: none"> HOT Cheddar Cheese and Omelet Gordita <p>18</p>	<ul style="list-style-type: none"> Plain Whole Wheat Bagel with Cream Cheese <p>19</p>	<ul style="list-style-type: none"> Blueberry Muffin Corn Chex <p>20</p>
<ul style="list-style-type: none"> Yogurt with Educational Snacks <p>23</p>	<ul style="list-style-type: none"> HOT French Toast Sticks <p>24</p>	<ul style="list-style-type: none"> HOT Sausage & Cheddar Biscuit <p>25</p>	<ul style="list-style-type: none"> HOT Pancakes with Syrup <p>26</p>	<ul style="list-style-type: none"> Blueberry Burst Whole Grain Bagel with Cream Cheese <p>27</p>
<ul style="list-style-type: none"> Corn Chex <p>30</p>				

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SEPTEMBER

LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 NO SCHOOL	3 <ul style="list-style-type: none"> Chicken Bites Cheddar Cheese Sandwich (V) Green Peas 	4 <ul style="list-style-type: none"> Chili Citrus Drumstick with Rice (DF) Lemon Pepper Green Beans 	5 <ul style="list-style-type: none"> Crispy Chicken Sandwich (DF) Veggie Chef's Salad (V) Kidney Beans, Edamame, Carrot, Corn 	6 <ul style="list-style-type: none"> Pepperoni Pizza Cheese Pizza (V) Kidney Beans, Edamame, Carrot, Corn
9 <ul style="list-style-type: none"> Pepper Jack Cheeseburger Sunny Sandwich Kit (V) Garbanzo, Edamame, & Shredded Carrots 	10 <ul style="list-style-type: none"> Penne Pasta with Meat Sauce Cheesy Ravioli Savory Sweet Potatoes 	11 <ul style="list-style-type: none"> Hot Meatball Sub Cheddar Cheese Sandwich (V) Green Peas 	12 <ul style="list-style-type: none"> Creamy Chicken Alfredo Cheese Pizza Panada Pie (V) Sliced Cucumber 	13 <ul style="list-style-type: none"> Pepperoni Pizza Cheese Pizza (V) Side Salad
16 <ul style="list-style-type: none"> Revolution Hot Dog (DF) Sunny Sandwich Kit (V) Baby Carrots 	17 <ul style="list-style-type: none"> Spaghetti Marinara with Mozzarella (V) Five Cheese Lasagna (V) Lemon Pepper Corn 	18 <ul style="list-style-type: none"> Pepper Jack Cheeseburger Southwest Veggie Wrap (V) Green Beans with Carmelized Onions 	19 <ul style="list-style-type: none"> Chicken Taco Trio Veggie Chef's Salad (V) Chili Citrus Black Beans & Corn 	20 <ul style="list-style-type: none"> Cheese Pizza (V) Sloppy Joe (DF) Side Salad
23 <ul style="list-style-type: none"> Mama's Tamale (Mild Green Chili and Cheese) (V) Turkey and Cheddar Sandwich Pinto Beans Steamed Corn 	24 <ul style="list-style-type: none"> Chicken Teriyaki with Brown Rice (DF) Breakfast for Lunch: Pancakes with Omelet (V) Savory Sweet Potatoes 	25 <ul style="list-style-type: none"> Cheesy Pizza Bite Meal (V) Pasta with Zesty Beef Green Peas 	26 <ul style="list-style-type: none"> Crispy Chicken Sandwich (DF) Sunny Sandwich Kit (V) Cucumber & Tomato Salad 	27 <ul style="list-style-type: none"> Pepperoni Pizza Cheese Pizza (V) (DF) Side Salad
30 <ul style="list-style-type: none"> The Revolution Hot Dog (DF) Sunny Sandwich Kit (V) Combo Sandwich Baby Carrots 				

Did you know?

Revolution Foods is proud to serve fresh food made with real ingredients. Our meals are always:
 Designed with Kids | Created by Chefs | Nutritionally Balanced | Made with High-Quality Ingredients
 Learn more about us on our website at www.revolutionfoods.com

revolutionfoods.

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DAIRY-FREE (DF) VEGETARIAN (V)
 options available daily – if not listed on the menu, available upon request.

VEGETABLE
 OF THE DAY

STUDENT
 FAVORITE ★

SEPTEMBER

PSN

LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3 <ul style="list-style-type: none"> • Chicken Bites • Cheese Pizza Panada Pie (V) • Green Peas 	4 <ul style="list-style-type: none"> • Breakfast for Lunch: Pancakes with Omelet (V) • Pepper Jack Cheeseburger • Lemon Pepper Green Beans 	5 <ul style="list-style-type: none"> • Crispy Chicken Sandwich • Cheddar Cheese Sandwich (V) • Seasoned Kidney Beans 	6 <ul style="list-style-type: none"> • Cheese Pizza with a Whole Grain Crust (V) • Chicken Salad Sandwich (DF) • Chopped Lettuce and Sliced Tomatoes with Ranch
9 <ul style="list-style-type: none"> • Breakfast for Lunch: Pancakes with Omelet (V) • Mumbo Grilled Chicken Bites (DF) • Seasoned Kidney Beans 	10 <ul style="list-style-type: none"> • Penne Pasta with Meat Sauce (DF) • Cheesy Ravioli (V) • Savory Sweet Potatoes 	11 <ul style="list-style-type: none"> • Crispy Chicken Sandwich • Sunny Sandwich Kit (V) • Green Peas 	12 <ul style="list-style-type: none"> • Creamy Chicken Alfredo • Cheese Pizza Panada Pie (V) • Yellow squash 	13 <ul style="list-style-type: none"> • Flame Broiled Beef Cheeseburger • Cheddar Cheese Sandwich (V) • Chopped Lettuce and Sliced Tomatoes with Ranch
16 <ul style="list-style-type: none"> • Cheesy Ravioli (V) • Diced Carrots 	17 <ul style="list-style-type: none"> • Penne Pasta with Meat Sauce • Five Cheese Lasagna (V) • Lemon Pepper Corn 	18 <ul style="list-style-type: none"> • Pepper Jack Cheeseburger Southwest Veggie Wrap (V) • Green Bean with caramelized onion 	19 <ul style="list-style-type: none"> • Chicken Taco Trio • Sunny Sandwich Kit (V) • Black Beans 	20 <ul style="list-style-type: none"> • Sloppy Joe (DF) • Cheddar Cheese Sandwich (V) • Blanched Broccoli Florets with Ranch
23 <ul style="list-style-type: none"> • Mama's Tamale (Mild Green Chili and Cheese) (V) • Turkey and Cheddar Sandwich • Pinto Beans 	24 <ul style="list-style-type: none"> • Chicken Teriyaki with Brown Rice (DF) • Breakfast for Lunch: Pancakes with Omelet (V) • Savory Sweet Potatoes 	25 <ul style="list-style-type: none"> • Cheesy Pizza Bite Meal (V) • Green Peas 	26 <ul style="list-style-type: none"> • Crispy Chicken Sandwich • Sunny Sandwich Kit (V) • Sliced Cucumber 	27 <ul style="list-style-type: none"> • Pepperoni Pizza • Cheddar Cheese Sandwich (V) • Chopped Lettuce and Sliced Tomatoes with Ranch
30 <ul style="list-style-type: none"> • Cheesy Chicken Quesadilla • Sunny Sandwich Kit (V) • Diced Carrots 				

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VEGETABLE OF THE DAY

STUDENT FAVORITE ★