

NOVEMBER

BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 • Blueberry Burst Whole Grain Bagel/Cream Cheese
4 • Cinnamon Chex/Educational Snacks (VG)	5 • Plain Whole Wheat Bagel/Cream Cheese	6 • HOT Pancakes w/ Syrup (VG)	7 • String Cheese/Cinnamon Grahams	8 • Apple Muffin
11 • No School	12 • Zee Zees Cinnamon Crisp Bar (VG) (DF)	13 • Mini French Toast Muffin & String Cheese	14 • Blueberry Burst Whole Grain Bagel/Cream Cheese	15 • Cinnamon Chex/Zac Attack Strawberry (DF)
18 • Yogurt/HONEY Grahams	19 • HOT Pancakes w/ Syrup (VG)	20 • Plain Whole Wheat Bagel/Cream Cheese	21 • HOT Sausage & Cheddar Biscuit FW	22 • String Cheese/Cinnamon Grahams
25 • Cinnamon Chex/Zac Attack Apple (DF)	26 • HOT Mini Cheese Omelet with French Toast Stick (VG)	27	28	29

Did you know?

We only serve milk that is rBST-free. That means it is from cows not treated with any hormones, ensuring your milk is only made of the good stuff like calcium, vitamin D and protein! Don't forget to grab a carton of low-fat or non-fat milk with breakfast!

revolutionfoods.

This institution is an equal opportunity provider. All grains offered are whole-grain rich.

BREAKFAST: choice of 1% or fat-free milk; fresh fruit available daily except when fruit juice is offered.

STUDENT FAVORITE



NOVEMBER

PSN BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 • Blueberry Burst Whole Grain Bagel/Cream Cheese
4 • Cheerios (DF)	5 • Plain Whole Wheat Bagel/Cream Cheese	6 • HOT Pancakes w/ Syrup (VG)	7 • String Cheese/Cinnamon Grahams	8 • Apple Muffin
11 • No School	12 • Granola Bowl (DF)	13 • Mini French Toast Muffin & String Cheese	14 • Blueberry Burst Whole Grain Bagel/Cream Cheese	15 • Blueberry Muffin • Multigrain Cheerios (DF)
18 • Yogurt/HONEY Grahams	19 • HOT Pancakes (VG)	20 • Plain Whole Wheat Bagel/Cream Cheese	21 • HOT Sausage & Cheddar Biscuit	22 • Cheerios (DF)
25 • String Cheese/Cinnamon Grahams	26 • HOT Mini Cheese Omelet with French Toast Stick (VG)	27	28	29

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STUDENT FAVORITE



NOVEMBER

LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				<div>1</div> <ul style="list-style-type: none"> Cheese Pizza with a Whole Grain Crust (VG) Romaine, Carrot, and Side Salad with RANCH
<div>4</div> <ul style="list-style-type: none"> Pepper Jack Cheeseburger Sunny Sandwich Kit (VG) Garbanzo, Edamame, & Shredded Carrots 	<div>5</div> <ul style="list-style-type: none"> Penne Pasta with Meat Sauce (DF) Prerolled bean burrito (VG) Savory Sweet Potatoes 	<div>6</div> <ul style="list-style-type: none"> Crispy Chicken Sandwich (DF) Cheddar Cheese Sandwich (VG) (Local) Italian garlic Corn 	<div>7</div> <ul style="list-style-type: none"> Chicken Taco Trio (DF) Sliced Cucumber 	<div>8</div> <ul style="list-style-type: none"> Pepperoni Pizza Rainbow Veggie Pizza (VG) Romaine, Carrot, and Side Salad with RANCH
<div>11</div> <ul style="list-style-type: none"> No School 	<div>12</div> <ul style="list-style-type: none"> Crispy Chicken Sandwich (DF) Southwest Veggie Wrap (VG) (Local) Garlic Lime Corn 	<div>13</div> <ul style="list-style-type: none"> Firecracker Chicken with Sesame Noodles Breakfast for Lunch: Pancakes w/ Omelet (VG) (Local) Green Beans with Carmelized Onions 	<div>14</div> <ul style="list-style-type: none"> Baked Mac & Cheese and Chicken Bites Cheese Enchilada (VG) Chili Citrus Black Beans & Corn 	<div>15</div> <ul style="list-style-type: none"> Cheese Pizza with a Whole Grain Crust (VG) Mini Chicken Corn Dogs Side Salad Romaine, Carrot, and Side Salad with RANCH
<div>18</div> <ul style="list-style-type: none"> Flame Broiled Beef Burger (DF) Bean and Cheese Quesadilla (VG) (Local) Steamed Corn 	<div>19</div> <ul style="list-style-type: none"> Hearty Veggie Chili (VG) Carrot, Corn, & Peas 	<div>20</div> <ul style="list-style-type: none"> Creamy Pasta Alfredo (VG) Chicken and Waffles Savory Sweet Potatoes 	<div>21</div> <ul style="list-style-type: none"> Holiday Meal VG Holiday Meal Yellow Squash 	<div>22</div> <ul style="list-style-type: none"> Cheese Pizza (VG) Romaine, Carrot, and Side Salad with RANCH
<div>25</div> <ul style="list-style-type: none"> The Revolution Hot Dog (DF) Sunny Sandwich Kit (VG) Baby Carrots 	<div>26</div> <ul style="list-style-type: none"> Chili Citrus Drumstick with Rice (DF) Breakfast for Lunch: Pancakes w/ Omelet (VG) (Local) Steamed Corn 	<div>27</div>	<div>28</div>	<div>29</div>

Did you know?

Revolution Foods is proud to serve fresh food made with real ingredients. Our meals are always:
 Designed with Kids | Created by Chefs | Nutritionally Balanced | Made with High-Quality Ingredients
 Learn more about us on our website at www.revolutionfoods.com

revolutionfoods.

This institution is an equal opportunity provider. All grains offered are whole-grain rich.

Choice of 1% or fat-free milk; fresh fruit available daily.

DAIRY-FREE (DF) VEGETARIAN (V) options available daily – if not listed on the menu, available upon request.

VEGETABLE
OF THE DAY

STUDENT
FAVORITE



NOVEMBER

PSN

LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				<ul style="list-style-type: none"> Cheese Pizza (VG) ¹ Prerolled Beef and Bean Burrito (VG) Southwest Veggie Wrap (VG) Side Salad
<ul style="list-style-type: none"> Sunny Sandwich Kit (VG) ⁴ Cheeseburger Seasoned Kidney Beans 	<ul style="list-style-type: none"> Penne Pasta with Meat Sauce (DF) ⁵ Prerolled Bean Burrito (VG) Savory Sweet Potatoes 	<ul style="list-style-type: none"> Crispy Chicken Sandwich ⁶ Lasagna (VG) (Local) Italian garlic corn 	<ul style="list-style-type: none"> Creamy Chicken Alfredo ⁷ Cheese Pizza Panada Pie (VG) Sliced Cucumber 	<ul style="list-style-type: none"> Pepperoni Pizza ⁸ Cheddar Cheese Sandwich (VG) Side Salad
<ul style="list-style-type: none"> No School ¹¹ 	<ul style="list-style-type: none"> Crispy Chicken Sandwich ¹² Southwest Veggie Wrap (VG) (Local) Garlic Lime Corn 	<ul style="list-style-type: none"> Firecracker Chicken with Sesame Noodles ¹³ (Local) Green Bean w/carmelized Onion 	<ul style="list-style-type: none"> Chicken Bites ¹⁴ Sunny Sandwich Kit (VG) Black Beans 	<ul style="list-style-type: none"> Cheese Pizza (VG) ¹⁵ Blanched Broccoli Florets with RANCH
<ul style="list-style-type: none"> Flame Broiled Beef Burger (DF) ¹⁸ Bean and Cheese Quesadilla (VG) Cilantro Lime Pinto Beans 	<ul style="list-style-type: none"> Hearty Veggie Chili (VG) ¹⁹ Carrot, Corn, & Peas 	<ul style="list-style-type: none"> Creamy Pasta Alfredo (VG) ²⁰ Chicken and Waffles Savory Sweet Potatoes 	<ul style="list-style-type: none"> Holiday Meal ²¹ VG Holiday Meal (VG) Yellow Squash 	<ul style="list-style-type: none"> Pepperoni Pizza ²² Cheddar Cheese Sandwich (VG) Side Salad
<ul style="list-style-type: none"> Classic Chicken Parm Pasta ²⁵ Sunny Sandwich Kit (VG) Steamed Carrots 	<ul style="list-style-type: none"> Breakfast for Lunch: Pancakes w/ Omelet (VG) ²⁶ (Local) Steamed Corn 	<ul style="list-style-type: none"> ²⁷ 	<ul style="list-style-type: none"> ²⁸ 	<ul style="list-style-type: none"> ²⁹

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