

# January

# BREAKFAST

K-12

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
<ul style="list-style-type: none"> <li>SHELF STABLE Cinnamon Chex with Honey Grahams 6</li> </ul>	<ul style="list-style-type: none"> <li>Plain Whole Wheat Bagel with Cream Cheese 7</li> </ul>	<ul style="list-style-type: none"> <li>Corn Chex with Educational Snacks (V) 8</li> </ul>	<ul style="list-style-type: none"> <li>HOT Waffle &amp; Syrup (V) 9</li> </ul>	<ul style="list-style-type: none"> <li>French Toast Muffin 10</li> </ul>
<ul style="list-style-type: none"> <li>Yogurt with Educational Snacks 13</li> </ul>	<ul style="list-style-type: none"> <li>Blueberry Burst Bagel with Cream Cheese 14</li> </ul>	<ul style="list-style-type: none"> <li>HOT French Toast Sticks (V) 15</li> </ul>	<ul style="list-style-type: none"> <li>Zee Zees Berry Apple Crisp Bar (DF) 16</li> </ul>	<ul style="list-style-type: none"> <li>HOT Cornbread and Egg Omelet (V) 17</li> </ul>
<ul style="list-style-type: none"> <li>No School 20</li> </ul>	<ul style="list-style-type: none"> <li>HOT Waffle with Syrup (V) 21</li> </ul>	<ul style="list-style-type: none"> <li>HOT Buenos Dias Breakfast Burrito (V) 22</li> </ul>	<ul style="list-style-type: none"> <li>HOT Classic Egg and Cheese Brekwich (V) 23</li> </ul>	<ul style="list-style-type: none"> <li>Plain Whole Wheat Bagel Cream Cheese 24</li> </ul>
<ul style="list-style-type: none"> <li>Corn Chex with Educational Snacks (V) 27</li> </ul>	<ul style="list-style-type: none"> <li>HOT Pancakes with Syrup (V) 28</li> </ul>	<ul style="list-style-type: none"> <li>Jumpstart Breakfast: Mini Dipperdoodle with String Cheese 29</li> </ul>	<ul style="list-style-type: none"> <li>HOT French Toast Sticks (V) 30</li> </ul>	<ul style="list-style-type: none"> <li>Plain Whole Wheat Bagel with Cream Cheese 31</li> </ul>

## Did you know?

We only serve milk that is rBST-free. That means it is from cows not treated with any hormones, ensuring your milk is only made of the good stuff like calcium, vitamin D and protein! Don't forget to grab a carton of low-fat or non-fat milk with breakfast!

revolution foods®

This institution is an equal opportunity provider.  
All grains offered are whole-grain rich.

Choice of 1% or fat-free milk; fresh fruit available daily except when fruit juice is offered.

Dairy-Free (DF)

Vegetarian (V)

Student Favorite ★

# January

# BREAKFAST

PSN

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
6 SHELF STABLE Cheerios with Educational Snacks (V)	7 Plain Whole Wheat Bagel with Cream Cheese	8 Corn Chex (DF)	9 HOT Waffle & Syrup (V)	10 French Toast Muffin
13 Yogurt with Educational Snacks	14 Blueberry Burst Whole Grain Bagel with Cream Cheese	15 HOT French Toast Sticks (V)	16 Pancake Bowl Strawberry (V)	17 HOT Cornbread with Egg Omelet (V)
20 No School	21 HOT Waffle with Syrup (V)	22 HOT Buenos Dias Breakfast Burrito (V)	23 HOT Classic Egg and Cheese Brekwich (V)	24 Plain Whole Wheat Bagel with Cream Cheese
27 Corn Chex (DF)	28 HOT Pancakes with Syrup (V)	29 Cheerios (DF)	30 HOT French Toast Sticks (V)	31 Plain Whole Wheat Bagel with Cream Cheese

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Student Favorite ★

# January

# LUNCH

  
K-12

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
6 Flame Broiled Beef Burger (DF) Sunny Sandwich Kit (VG) <b>Baby Carrots</b>	7 Classic Spaghetti and Meatballs (DF) Five Cheese Lasagna (VG) <b>Green Beans with Carmelized Onions</b>	8 Crispy Chicken Sandwich (DF) Cheese Pizza Panada Pie (VG) <b>Garlic Lime Corn</b>	9 Mama's Tamale (VG) <b>Chili Citrus Black Beans &amp; Corn</b>	10 Cheese Pizza (VG) <b>Chopped Romaine Lettuce and Grape Tomatoes</b>
13 The Revolution Hot Dog (DF) Bean & Cheese Burrito (VG) <b>Baby Carrots</b>	14 Chicken Taco Trio Cheddar Cheese Sandwich (VG) <b>Green Beans with Carmelized Onions</b>	15 Chicken Bites Breakfast for Lunch: Pancakes w/with Omelet (VG) <b>Steamed Corn</b>	16 Flame Broiled Beef Cheeseburger Sunny Sandwich Kit (VG) <b>Cilantro Lime Pinto Beans</b>	17 Cheese Pizza with a Whole Grain Crust (VG) <b>Romaine, Carrot, and Grape Tomato</b>
20 No School	21 Chicken Teriyaki (DF) Breakfast for Lunch: Pancakes w/with Omelet (VG) <b>Green Beans with Carmelized Onions</b>	22 Chicken Bites (DF) Rainbow Veggie Pizza (VG) <b>Steamed Corn</b>	23 Pepper Jack Cheeseburger Veggie Taco Salad (VG) <b>Grape Tomatoes</b>	24 Cheese Pizza (VG) Turkey and Cheddar Sandwich <b>Romaine, Carrot, and Grape Tomato</b>
27 Crispy Chicken Sandwich (DF) Sunny Sandwich Kit (VG) <b>Italian Garlic Corn</b>	28 Five Cheese Lasagna (VG) <b>Seasoned Green Beans</b>	29 Chicken & Waffles Mama's Tamale (VG) <b>Savory Sweet Potatoes</b>	30 Beef Cheeseburger Veggie Taco Salad (VG) <b>Garbanzo, Edamame, &amp; Shredded Carrots</b>	31 Cheese Pizza (VG) <b>Romaine, Carrot, and Grape Tomato</b>

Did you know?

Revolution Foods is proud to serve fresh food made with real ingredients that are always kid-inspired, chef-crafted AND student-approved!

Learn more about us on our website at [www.revolutionfoods.com](http://www.revolutionfoods.com)

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Choice of 1% or fat-free milk; fresh fruit available daily except when fruit juice is offered.

Student Favorite ★

Vegetable of the Day

**Dairy-Free (DF) Vegetarian (V)**  
options available daily – if not listed on the menu, available upon request

# January



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
6 Flame Broiled Beef Burger (DF) Steamed Carrots	7 Spaghetti Marinara with Mozzarella (VG) Green Beans with Carmelized Onions	8 Crispy Chicken Sandwich Sunny Sandwich Kit (VG) Garlic Lime Corn	9 Baked Mac & Cheese and Chicken Bites Egg Salad Sandwich (VG) (DF) Black Beans	10 Cheese Pizza (VG) Blanched Broccoli Florets
13 Chicken Taco Trio Bean & Cheese Burrito (VG) Steamed Carrots	14 General Tso's Chicken Cheddar Cheese Sandwich (VG) Seasoned Green Beans	15 Orange Grilled Chicken Bites (DF) Southwet Veggie Wrap (VG) Steamed Corn	16 Chicken Enchiladas Sunny Sandwich Kit (VG) Pinto Beans	17 Pepperoni Pizza Cheddar Cheese Sandwich (VG) Side Salad
20 No School	21 Chicken Teriyaki with Brown Rice (DF) Breakfast for Lunch: Pancakes w/with Omelet (VG) Seasoned Green Beans	22 Chicken Bites (DF) Rainbow Veggie Pizza (VG) Steamed Corn	23 Pepper Jack Cheeseburger Sunny Sandwich Kit (VG) Pinto Beans	24 Penne Pasta with Meat Sauce Cheddar Cheese Sandwich (VG) Side Salad
27 Crispy Chicken Sandwich Cheese Pizza Panada Pie (VG) Italian Garlic Corn	28 Five Cheese Lasagna (VG) Seasoned Green Beans	29 Chicken & Waffles Mama's Tamale (VG) Sweet Potatoes	30 Flame Broiled Beef Cheeseburger Cheddar Cheese Sandwich (VG) Pinto Beans	31 Cheese Pizza (VG) Blanched Broccoli Florets

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