

# February

# BREAKFAST

PSN

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Yogurt & Educational Snacks <sup>3</sup>	Plain Whole Wheat Bagel <sup>4</sup>	HOT French Toast Sticks (VG) <sup>5</sup>	HOT Classic Chicken Sausage and Cheddar Bagel Sandwich <sup>6</sup>	HOT Cornbread & Egg Omelet (VG) <sup>7</sup>
String Cheese & Cinnamon Grahams <sup>10</sup>	Yogurt & Granola <sup>11</sup>	Corn Chex (DF) <sup>12</sup>	HOT Waffle & Syrup (VG) <sup>13</sup>	No School <sup>14</sup>
No School <sup>17</sup>	No School <sup>18</sup>	HOT French Toast Sticks (VG) <sup>19</sup>	HOT Cornbread & Egg Omelet (VG) <sup>20</sup>	Yogurt Parfait Strawberry (VG) <sup>21</sup>
Multigrain Cheerios (DF) <sup>24</sup>	HOT Waffle & Syrup (VG) <sup>25</sup>	HOT Buenos Dias Breakfast Burrito (VG) <sup>26</sup>	Blueberry Burst Bagel & Cream Cheese <sup>27</sup>	HOT French Toast Sticks (VG) <sup>28</sup>

Did you know?

We only serve milk that is rBST-free. That means it is from cows not treated with any hormones, ensuring your milk is only made of the good stuff like calcium, vitamin D and protein! Don't forget to grab a carton of low-fat or non-fat milk with breakfast!

revolution foods®

This institution is an equal opportunity provider.  
All grains offered are whole-grain rich.

Choice of 1% or fat-free milk; fresh fruit available daily except when fruit juice is offered.

Dairy-Free (DF)

Vegetarian (V)

Student Favorite ★

# February

# BREAKFAST

K-12

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Yogurt & Educational Snacks	4 Plain Whole Wheat Bagel & CreamCheese	5 HOT French Toast Sticks (VG)	6 HOT Southwest Chicken Chorizo and Cheese Bagel	7 HOT Cornbread & Egg Omelet (VG)
10 Zee Zees Berry Apple Crisp Bar (DF)	11 Yogurt & Granola	12 Corn Chex & Educational Snacks (VG)	13 HOT Waffle & Syrup (VG)	14 No School
17 No School	18 No School	19 HOT French Toast Sticks (VG)	20 HOT Cornbread & Egg Omelet (VG)	21 Yogurt Parfait Strawberry (VG)
24 Cinnamon Chex (DF) (VG)	25 HOT Waffle & Syrup (VG)	26 HOT Buenos Dias Breakfast Burrito (VG)	27 Banana Muffin	28 HOT French Toast Sticks (VG)

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b> BBQ Chicken with Cheesy Rice Bean and Cheese Burrito (V) Steamed Carrots	<b>4</b> Baked Mac and Cheese and Chicken Bites Cheddar Cheese Sandwich (V) Seasoned Green Beans with RANCH	<b>5</b> Breakfast for Lunch: Pancakes w/ Omelet (V) Southwest Veggie Wrap Carrots (V) Steamed Corn	<b>6</b> Cheese Enchiladas (V) Cilantro Lime Pinto Beans	<b>7</b> Crispy Chicken Sandwich (DF) Taco Dippers Kit (V) PSN Side Salad
<b>10</b> Flame Broiled Beef Burger (DF) Steamed Carrots	<b>11</b> Spaghetti Marinara with Mozzarella (V) Seasoned Green Beans with RANCH	<b>12</b> Cheese Pizza Panada Pie (V) Garlic Lime Corn	<b>13</b> Baked Mac and Cheese and Chicken Bites Mama's Tamale (Mild Green Chili and Cheese) (V) Black Beans	<b>14</b> No School
<b>17</b> No School	<b>18</b> No School	<b>19</b> Orange Grilled Chicken Bites (DF) Southwest Veggie Wrap (V) Steamed Corn	<b>20</b> Flame Broiled Beef Cheeseburger Sunny Sandwich Kit Sunbutter and Jelly (V) Pinto Beans	<b>21</b> Pepperoni Pizza Cheese Pizza Panada Pie (V) Blanched Broccoli Florets with RANCH
<b>24</b> Creamy Pasta Alfredo (V) Steamed Carrots	<b>25</b> Chicken Teriyaki with Brown Rice (DF) Seasoned Green Beans with RANCH	<b>26</b> Chicken Bites (DF) Rainbow Veggie Pizza (V) Steamed Corn	<b>27</b> Pepper Jack Cheeseburger Sunny Sandwich Kit Sunbutter and Jelly with Sliced Bread (V) Pinto Beans	<b>28</b> Penne Pasta with Meat Sauce (DF) Cheddar Cheese Sandwich (V) Chopped Lettuce and Sliced Tomatoes with RANCH

Did you know?

Revolution Foods is proud to serve fresh food made with real ingredients that are always kid-inspired, chef-crafted AND student-approved!  
 Learn more about us on our website at [www.revolutionfoods.com](http://www.revolutionfoods.com)

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Student Favorite ★

Vegetable of the Day

Dairy-Free (DF) Vegetarian (V) options available daily – if not listed on the menu, available upon request

# February

# LUNCH

K-12

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
The Revolution Hot Dog (DF) 3 Bean and Cheese Burrito Baby Carrots	Chicken Taco Trio 4 Cheddar Cheese Sandwich (V) Green Beans with Caramelized Onions	Southwest Veggie Wrap (V) 5 Mumbo Grilled Chicken Bites (DF)  Steamed Corn	Cheese Enchiladas (V) 6 Sunny Sandwich Kit Sunbutter and Jelly (V) Cilantro Lime Pinto Beans	Crispy Chicken Sandwich (DF) 7 Taco Dippers Kit (V) Romaine, Carrot, and (Grape Tomato) Side Salad with RANCH
10 Flame Broiled Beef Burger (DF) Sunny Sandwich Kit Sunbutter and Jelly (V) Baby Carrots	11 Classic Spaghetti and Meatballs (DF) Southwest Veggie Wrap (V) Green Beans with Caramelized Onions	12 Crispy Chicken Sandwich (DF) Cheese Pizza Panada Pie (V) Garlic Lime Corn	13 Baked Mac and Cheese and Chicken Bites Veggie Chef's Salad (V) Chili Citrus Black Beans and Corn	14 No School
17 No School	18 No School	19 Southwest Veggie Wrap (V) Chicken Teriyaki (DF) Steamed Corn	20 Flame Broiled Beef Cheeseburger Sunny Sandwich Kit Sunbutter and Jelly (V) Cilantro Lime Pinto Beans	21 Cheese Pizza (V) Romaine, Carrot, and Grape Tomato Side Salad with RANCH
24 Creamy Pasta Alfredo (V) Baby Carrots	25 Chicken Teriyaki with Brown Rice (DF) Green Beans with Caramelized Onions	26 Chicken Bites (DF) Spaghetti Marinara with Mozzarella (VG) Steamed Corn	27 Pepper Jack Cheeseburger Veggie Taco Salad (V) Grape Tomatoes Three Bean Salad	28 Pepperoni Pizza Cheese Pizza (V) Romaine, Carrot, and Grape Tomato Side Salad w/ RANCH

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