# February 

Menu is subject to change
Pre K-12

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| :---: | :---: | :---: | :---: | :---: |
|  | Turkey, Cheddar Cheese \& Omelet Gordita w/ Fresh Fruit | Blueberry Burst <br> Muffin w/ Fresh Fruit(V) | $3$ <br> French Toast Muffin w/ Fresh Fruit $(\mathrm{V})$ | Classic Cheese Omelet w/ Whole Grain Roll \& Fresh Fruit(V) |
| Yogurt with Educational Snacks and Fresh Fruit | Waffle w/ Fresh Fruit(V) | Plain Bagel w/ Cream Cheese \& Fresh Fruit $(\mathbb{V})$ | Buttermilk Pancakes w/ Fresh Fruit (V) | 11 |
| Whole Grain Corn Chex w/ Educational Snacks \& Fresh Fruit(V) | Classic Chicken Sausage \& Cheddar Brekwich w/ Fresh Fruit | Banana Muffin w/ Fresh Fruit (V) | Buenos Dias <br> Breakfast Burrito w/ Fresh Fruit (V) | Blueberry Burst Bagel w/ Cream Cheese \& Fresh Fruit(V) |
| 21 | 22 | Whole Grain Cheerios Cereal | Buttermilk Pancakes w/ Fresh Fruit(V) | Turkey, Cheddar Cheese \& Omelet Gordita w/Fresh Fruit |
| Whole Grain Corn Chex w/ Educational Snacks \& Fresh Fruit(V) |  |  |  |  |
| How was your meal? Take our short survey to let us know! Our chefs use your feedback to improve \& develop new recipes. You can use the same link every time you eat our food! <br> surveymonkey.com/r/meals-survey |  |  |  |  |

## revölution ${ }_{\text {foods }}$

This institution is an equal opportunity provider. All grains offered are whole-grain rich.

Choice of $1 \%$ or fat-free milk; fresh fruit available daily except when fruit juice is served.

Dairy-Free (DF)
Vegetarian (V)

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| :---: | :---: | :---: | :---: | :---: |
|  | Classic Spaghetti and Meatballs (DF) Baby Carrots | Classic Turkey \& Cheddar Sandwich (DF) Braised Greens | Chicken Tamale with Seasoned Rice, Seasoned Black Beans Fresh Celery Sticks | Pretzel Nacho Calzoni <br> Bean and Cheese Burrito (Pre-K) <br> Kidney, Edamame, Carrot, Corn |
| Chicken Gumbo and Corn Bread Baby Carrots | Burrito Soyrizo wih Pinto Spread and Guacamole Cup <br> Steamed Corn | Honey Mustard Chicken Wrap (DF) <br> Braised Greens | $10$ <br> BBQ Chicken with Cheesy Rice <br> Pinto Beans | 11 |
| Chicken Tamale with $14$ Seasoned Rice, Seasoned Black Beans Green Peas | Lone Star BBQ Chicken Sandwich with BBQ Sauce Baby Carrots | Classic Turkey \& Cheddar Sandwich (DF) <br> Braised Greens | Pizza Panada Pie (VG) <br> Falafel Tots | $18$ <br> Sloppy Joe Sandwich (DF) <br> Fresh Celery Sticks |
| 21 | 22 | $23$ <br> Honey Mustard Chicken Wrap (DF) <br> Braised Greens | $24$ <br> BBQ Chicken with Cheesy Rice <br> Pinto Beans | The Revolution Hot Dog (DF) <br> Chillin Chinese Chicken Noodles with Sesame Soy Dressing (Pre-K) <br> Fresh Celery Sticks |
| $28$ <br> Chicken Enchiladas Roja with Seasoned Rice <br> Steamed Lemon Pepper Corn |  |  |  |  |
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## Vegetable of the Day

Dairy-Free (DF) Vegetarian (V) options available daily - if not listed on the menu, available upon request

