

March

BREAKFAST

PRE K-12

Menu is subject to change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Turkey, Cheddar Cheese & Omelet Gordita with Syrup Packet and Fresh Fruit	2 French Toast Sticks with Syrup Packet and Fresh Fruit (VG)	3 Waffle with Syrup Packet and Fresh Fruit (VG)	4 Cinnamon Crumble with Fresh Fruit (VG)
7 Yogurt with Educational Snacks and Fresh Fruit (VG)	8 Waffle with Syrup Packet and Fresh Fruit (VG)	9 Plain Bagel with Cream Cheese Packet and Fresh Fruit (VG)	10 Buttermilk Pancakes with Syrup Packet and Fresh Fruit (VG)	11 Sausage & Cheddar Biscuit with Fresh Fruit
14 Whole Grain Blueberry Chex with Fresh Fruit (VG) (DF)	15 Waffle with Syrup Packet and Fresh Fruit (VG)	16 French Toast Sticks with Syrup Packet and Fresh Fruit (VG)	17 Buenos Dias Breakfast Burrito with Fresh Fruit (VG)	18 Buttermilk Pancakes with Syrup Packet and Fresh Fruit (VG)
21 Yogurt with Educational Snacks and Fresh Fruit (VG)	22 Cinnamon Crumble with Fresh Fruit (VG)	23 Egg and Cheese Breakfast Muffin with Fresh Fruit (VG)	24 Buttermilk Pancakes with Syrup Packet and Fresh Fruit (VG)	25 Turkey, Cheddar Cheese & Omelet Gordita with Syrup Packet and Fresh Fruit
28 Whole Grain Corn Chex with String Cheese and Fresh Fruit (VG)	29 Waffle with Syrup Packet and Fresh Fruit (VG)	30 Lemon Muffin with Fresh Fruit (VG)	31 Classic Cheese Omelet with Mini Cornbread, Fresh Fruit and Ketchup Packet (VG)	

How was your meal? Take our short survey to let us know! Our chefs use your feedback to improve & develop new recipes. You can use the same link every time you eat our food!

surveymonkey.com/r/meals-survey



revolution foods.

This institution is an equal opportunity provider. All grains offered are whole-grain rich.

Choice of 1% or fat-free milk; fresh fruit available daily except when fruit juice is served.

Dairy-Free (DF)

Vegetarian (V)

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LUNCH

PRE K-12

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Green Chili Cheese & Bean Quesadilla (VG) Steamed Carrots	2 Classic Turkey & Cheddar Sandwich Braised Greens	3 Chicken Taco Duo Fresh Celery Sticks	4 Chicken Teriyaki with Carrot Rice (DF) Black Beans, Edamame, Carrot, Corn
7 Chicken Mumbo with Not So Fried Rice (DF) Diced Carrots	8 Mac & Cheese with Soyrito (VG) Steamed Corn	9 Cheddar Cheese Sub Sandwich with Yogurt (VG) Braised Greens	10 Oven Roasted Chicken Sandwich (DF) Pinto Beans	11 The Revolution Hot Dog (DF) Fresh Celery Sticks
14 Bean and Cheese Pupusa (VG) Green Peas	15 Cheesy Beef & Mild Salsa Nacho Dip with Tortilla Scoops Bag Diced Carrots	16 Classic Turkey & Cheddar Sandwich Braised Greens	17 Pizza Panada Pie (VG) Falafel Tots	18 Sloppy Joe Sandwich (DF) Fresh Celery Sticks
21 Chicken Mumbo with Not So Fried Rice (DF) Baby Carrots	22 Chicken Fajita Quesadilla with Guacamole Cup Steamed Corn	23 Honey Mustard Chicken Wrap (DF) Braised Greens	24 BBQ Chicken with Cheesy Rice Ranchero Chicken con Queso Rice Bake Pinto Beans	25 The Revolution Hot Dog (DF) Sweet Garlic Noodles with Chicken Fresh Celery Sticks
28 Burrito Soyrito with Pinto Spread and Guacamole Cup (VG) (DF) Steamed Lemon Pepper Corn	29 Baked Mac & Cheese and BBQ Chicken Lunch Combo Steamed Carrots	30 Chicken Caesar Salad with Whole Grain Croutons Portion Bag, Caesar Dressing Packet and Whole Grain Dinner Roll Classic Turkey & Cheddar Sandwich Braised Greens	31 Bean and Cheese Pupusa (VG) Falafel Tots	

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Vegetable of the Day

Dairy-Free (DF) Vegetarian (V) options available daily – if not listed on the menu, available on request